



# This One Moment

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**Fame, fortune, and stadiums full of screaming fans are right around the corner for the rock band at the heart of Stina Lindenblatt's steamy, intense Pushing Limits series. But it's an epic love affair that steals the show in this opening act.**

When Nolan Kincaid skipped town to chase the music career of his dreams, he knew he wouldn't miss the reminders of his broken family—he wasn't so sure he could forget the girl he left behind. Now his band is touring nonstop, the recording sessions go all night, and the groupies are crazed. But when he hears that Hailey Wilkins is in trouble, he drops everything.

Hailey thought she'd missed her chance with Nolan. Five years ago, the moment she realized she loved him was the moment he decided to leave. Now, when a brutal assault lands her in the ICU, Nolan flies straight to her bedside, acting like nothing's changed. What's a rock star like him doing, canceling shows and risking his record deal, just to nurse an old friend back to health? And why should Hailey believe he'll stay this time?

With her attacker still at large, Nolan's ready to rise to the occasion. He knows he let Hailey down once before, but he's ready to give her everything, heart and soul—and he'll fight for the chance to prove it.

## This One Moment Details

Date : Published April 5th 2016 by Loveswept (Penguin Random House)

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Author : Stina Lindenblatt

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# From Reader Review This One Moment for online ebook

**Claire Robinson says**

1 - *Sometimes it was better to just accept defeat and move on...* Star.

**DNF @ 36%**

I have picked up and put this book down a couple of times in the last three months, and I have decided to call time. I don't have a huge amount to say because at 36%, apart from some lengthy internal monologues about very little, and many overly elaborate descriptions of things that have no relevance to the actual story, nothing of real note has actually happened.

Add to that I am feeling zero connection between the H/h and don't really get why Nolan/Tyler has just dropped everything to come back to town five years after leaving. Hailey's coma seemed to be quick to clear as soon as he arrived at her bedside, but after such a long absence of her best friend and secret crush, who upped and left without a backwards glance all those years ago I was just expecting a little more on the feels front, its also really hard to age this couple, I'm assuming mid-twenties, but the language and interactions is more middle-aged-couple than anything.

I didn't struggle with the authors writing per-se, I just found it lacking in important developmental areas, and overly flowery where it wasn't really warranted. Bits and pieces have been dropped into the story in relation to why Nolan left, but the whole attack on Hailey situation is still very much untouched and up-in-the-air, I think the erroneous monologues/descriptions could have done with paring down in favour of moving the story along at a slightly faster pace.

ARC generously provided via Netgalley, and I am sorry I cannot offer a more positive review on this occasion.

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**Tanya (Girl Plus Books) says**

**2.5 STARS**

Nolan left his hometown five years ago and didn't look back. Or at least he tried not to. While pursuing his music career he never forgot the events that drove him away or the girl he left behind - his best friend Hailey who he'd been in love with for years. News that Hailey has been attacked and is in a coma has him returning to the place he has spent years avoiding.

Hailey was heartbroken when Nolan left years ago and cut off all contact with her. Now he's back, just for her, but she knows it's only temporary so there's no point in getting attached. As Hailey struggles to remember the attack that left her comatose she also has to fight her feelings for Nolan because nothing can come of it, right?

If you know me, you know that my #1 bookish pet peeve is miscommunication - or lack of communication. And This One Moment is riddled with both. I lost track of how many times I wanted to beat my head against the wall - or beat the characters heads against a wall - each and every time one of them didn't say how they

were feeling or what they really meant. Or when one misinterpreted what the other was saying. (Minus 50 stars for my most hated trope.)

Then there's the ages-old trope of a guy and girl in love but neither will tell the other because they're certain it's one-sided and they can't ruin the friendship. OMG, how many times have we all read this same story? (Minus 25 stars for a totally played-out trope.)

But it's not all about I-love-him/her-but-can-never-have-him/her. No, there's tragedy in Nolan's background concerning his family - only he can't remember the details of that terrible night, only the aftermath. Dissociative amnesia. And then there's Hailey assault that... you guessed it!... she can't remember. You heard me right - both main characters have a form of amnesia and cannot remember pivotal events. Amazing, no? That brings me to the climactic scene where the reason behind Hailey's attack is explained. And here's where the story really jumped the shark. The explanation was so ludicrous, so over the top unbelievable that I had to reread it several times and then read it out loud several times just to see if it made any more sense. (Spoiler alert: it didn't.) (Minus 25 stars for being so far-fetched that it blew any believability to smithereens.)

By my calculations we're now at -100 stars so you may be wondering why my rating is 2.5 stars. Here's why: I really liked these characters. Despite their issues, I genuinely liked Nolan and Hailey and wanted good things for them. Hailey was strong and independent and selfless. Nolan was kind and loving and protective without being a caveman. It's too bad their story was mired down by over the top drama.

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## **Kate's Corner says**

**This one moment nearly lasted a frigging lifetime.**

**Maybe more at myself then at the book. But bloody hell in all honesty I'd rather stick needles in my eyes or I know watch frigging paint dry.**

**This is the second book that nearly bored me to death the one beforehand I managed to finish but just barely so I'm livid at myself or the book.**

**No definitely the book and I didn't even finish it. I hit the 36% and well I actually have no clue what to write.**

**Now Ms. Lindenblatt is talented but I didn't like the story from the first word to the last word I read at 36 %. None of the characters appealed to me at all, I liked the reporter from the rock magazine but she only said a few sentences.**

**I need the story to suck me in and it didn't do that at all.**

**The Hero has always been in love with the heroine which in itself isn't bad but he had a life out of the heroine which is also okay but he loved her for five years. Yes, five bloody years yet fucks around and then when he goes back he acts like nothing has happened. Did I mention that there was**

**no communication between them? He kicked her out of his life.**

**Now I think in all the time there is only one rock/music romance that I have loved so I'm hard sell in that genre as well so that doesn't help.**

**The heroine is well, she got treated like shite for five years and well is hardly trying to block his advances a little back bone would have been nice. They both lead lives they don't want to and I really cannot see them being together.**

**This is just me and my opinion if you don't like it then tough.**

**Book received from Random House Publishing via Netgalley in exchange for an honest review**

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### **Mandy says**

DNF - I hated Nolan.

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### **Amy says**

I have been a fan of Stina Lindenblatt for quite a while, so when I heard that she had something new in the works, I could not wait to get my hands on it. And then to find out she was writing a second chance romance with rockstars....Well, I just had to check it out. And I have to tell you, I'm really glad I did.

This One Moment is told from dual points of view and follows the story of Hailey and Nolan. Hailey and Nolan were BFF's for as long as they could remember. So, it was no surprise when their feelings for one another turned in to more. However, the two of them were too afraid to admit their true feelings for one another for fear of rejection and ruining their friendship. So, unfortunately for Hailey and Nolan, they never got their chance to tell each other how they felt. One night had the power to change everything. Tragedy struck Nolan and that tragedy drove him away from home. It would be another 5 years before Nolan and Hailey were reunited.....Hailey was devastated when Nolan walked out her life. He was her best friend, but it was more than that. He was her everything. So, when Hailey wakes up in the hospital after a terrifying assault, she is surprised to find Nolan there. She's unsure how to feel after all this time. Part of her wants to be angry, but the other part is still in love with him. Only time will tell if the past can be forgiven.....

Overall, I really enjoyed This One Moment. I am a sucker for a good second chance/ friends to lovers romance. And nothing makes my heart swoon more than a musician. I was really intrigued by Hailey and Nolan. I wanted to know more about Nolan's past and his reasoning for leaving Hailey behind. I thought the two of them had really good chemistry and I enjoyed watching the two of them try to navigate their way through their feelings.

This book does have a bit of mystery and suspense to it with a few surprises thrown in along the way. It was really interesting watching how everything played out and connected together. I think the Pushing Limits series is off to a really good start and I'm looking forward to seeing where the series will take us next.

\*I was provided an ARC copy of this book, via the publishers and NetGalley, in exchange for an honest

## **Guilty Pleasures Book Reviews says**

Slick's review posted at Guilty Pleasures Book Reviews

Sometimes I take a chance on a new to me author when I see a book that really interests me and I'm so glad I took a chance on Stina Lindenblatt's *This One Moment*. This is a friends to lovers story that spans many years, years these two were together as friends, years when these two were apart after a devastating turn of events, and the incident that brought them back into each other's lives. The one thing that was evident from the moment the hero receives a phone call until the very last scene was the absolute adoration and love these two have for one another. I loved this book; this is romance at its best, this is that perfect ending we all read romance for, this is an absolutely beautifully told love story.

For the last five years Nolan has tried to forget the life he left behind in Northbridge, Minnesota. It hasn't been easy not when part of his heart remains there, but he's done it out of self preservation and he's made a name for himself as Tyler Erickson front man and guitarist for Pushing Limits a band on the edge of superstardom, but when he finds out his heart, his best friend, the girl he loves was beaten and in the hospital he knows he must go to her and make sure she is safe. He can't lose anyone else even though he hasn't seen or talked to her in five years.

From the minute Hailey wakes up from her coma and finds Nolan sitting next to her it was obvious this was going to be a contentious relationship, but it was also easy to see the complete trust and adoration they have for one another. Nolan has a lot to make up for, he knows this but he's willing to do what it takes to make sure Hailey is safe and secure.

As they reacquaint themselves with the adults they've become and as they spend more time together it is impossible for them to deny the attraction they both feel. Nolan's public life is crazy and there are expectations from his record company, fans that are rabid and life for them becomes very complicated.

I really loved watching these two grow closer as adults and both finally taking a chance on something more than friendship and while at times it seemed impossible for it to work and they were both concerned about getting their heart stomped on it was also easy to see that they were better when they were together.

Friendship, love, passion and a bit of suspense made *This One Moment* an absolutely amazing story and I am eagerly awaiting the next book in this series.

Review copy provided for an honest review.

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## **Michelle says**

*ARC provided by author in exchange for an honest review*

A rock star romance with a twist!!!! **This One Moment** by Stina Lindenblatt is a seductive, sweet, and heartwarming romance with an added layer of mystery.

Two best friends. Two people madly in love with each other but never expressed their feelings for another. But when Tyler walked away from Hailey 5 years ago without a word, their friendship was at a standstill. Never truly moving forward as their memories try to piece and hold them together.

When Tyler left his hometown and Hailey behind, he left a part of him behind. And the most important part was with Hailey. So Tyler known as Nolan, lead guitarist of the band Pushing Limits, is shocked to hear that Hailey is in the hospital after being attacked.

Hailey thought she was imagining things when she saw and heard Tyler's voice by her bedside. Five years. Five long years and past memories begins to clash. Soon Hailey and Tyler find themselves crossing that line. The line from friendship to something more. But what happens when Hailey begins to recall what happened to her and her safety is still in jeopardy?

**This One Moment** is a story where the past and present comes colliding. Friendships are tested. Blurred. And feelings are palpable from the beginning. Can a love between two friends find that one moment to bring them together when fame, music, and danger threatens to destroy and tear them apart?

This book is a start of an exciting new series that I look forward to reading. I love that Stina Lindenblatt was able to layer this book with so much depth, mystery, hurt, friendship, and of course love. I can happily attest that this won't be the last book I will be reading from this author. Stina perfectly created a story with a rock star twist that was brimming with love, truth, and raw emotions. So if you are looking for a love story filled with second chances and truth, then I would recommend you to give **This One Moment** a try.

*Review can also be found on Four Chicks Flipping Pages: <http://fourchicksflippingpages.weebly...> Stina Lindenblatt*

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## **Doris says**

Whew!! This book really drew me in right from the start. We have the very sexy bad boy lead singer/guitarist for Pushing Limits who has a tragic past that he ran from and left the love of his life behind in Minnesota. Nolan and Hailey were best of friends for years and then like a lot of boy/girl friendships theirs starting taking on a life of its own. The feelings were there for both of them and neither of them wanted to admit to the other that their friendship was now going to another level. About the time that Nolan was finally ready to let Hailey know that he wanted more from her something terrible happened within his family to the point that Nolan couldn't remember exactly what happened and he knew that it was something that he didn't want to remember. His only thought was he had to leave town and not look back. He changed his name to Tyler because he didn't want anyone to know about his past and headed to LA to begin his music career. Within that 5 years Nolan became hit it big with Pushing Limits and was known for his sexy persona and bad boy antics but he always kept that special picture of Hailey close by and wondered what could have been.

Pushing Limits was just finishing up the last concert of a long tour when Nolan received a phone call from best friend, and the only person who Nolan stayed in contact with from back home, telling him that Hailey was attacked and in a coma. Nolan could not get back to Minnesota fast enough to be by her side. Hailey's attacker was out there and Nolan was going to stay close to Hailey until he felt she was safe again. Since they had never pronounced their real feelings for each other all those years ago neither of them was still sure if the other person had the same feelings. Who really wants to put themselves out there and open old wounds if the other person's feelings never left that friendship level? Who was it that attacked Hailey and was it in any way linked to what happened to Nolan's family? Did Hailey and Nolan have any chance at exploring their real feelings for each other and would it be enough to pull Hailey to California to live the life with a rocker boyfriend?

This book had me hooked with the way Nolan and Hailey's relationship evolved and it made you sit on pins and needles wondering if there was a chance that these two could actually make their relationship work. Would that chemistry they shared be enough? It also had you feeling so sorry for Nolan with what he had to go through with his family and what he actually gave up in order to deal with it. Besides the romantic aspect of this book the author had added quite a bit of suspense as to who it was that attacked Hailey and how it all worked in to the story. This is a book that is well worth your time if you like rockers with a taste of added suspense. I'm looking forward to the second installment of Pushing Limits and can't wait to see what Ms. Lindenblatt has up her sleeve next.

This book was provided as an ARC from NetGalley for an honest review.

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### **Irene says**

3.5 stars

This One Moment was an OK second chance love story.

The writing is well done, the storyline was entertaining I just failed to connect with the characters and this affected my overall enjoyment.

Makes me sad I didn't enjoy this book more as the blurb sounded like something I would love :(

This One Moment is the first book in the Pushing Limits series and even though I didn't love it, I enjoyed it enough to be looking forward to the next installment.

Thank you Random House Publishing Group - Loveswept via NetGalley for the advance copy.

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### **Gretchen (About That Story) says**

4.5 out of 5 stars

**This was awesome, I totally enjoyed it!** A friends to lovers reconnecting story with some mystery and suspense thrown in. It made for an awesome combination and I couldn't put it down!

It started off excellent, really pulling me in. I liked both Nolan and Hailey and loved learning their histories. **It was filled with emotion, intensity, a lot of sexual tension and the perfect amount of heat.** I thought there was great character development throughout and loved all the details. I loved their growing feelings, it was passionate and intense but found their lack of communication frustrating though they did do a good job of showing their feelings even if it wasn't verbalized. Nolan and Hailey had so much chemistry and that built up to some super hot, steamy times.

The writing was pretty fantastic! I LOVE how the chapters are set up with the different POV's and flashing back to what happened five years ago with them. I thought it was all balanced really well. It really had me hooked and I was on the edge of my seat for! There is a nice mystery element happening and it created some really good drama. Love how it played out and how all the dots were connected. I enjoyed the music aspect and the tension that was created from all of Nolan's responsibilities as well.

**There was this really nice progression throughout and I enjoyed it all.** Terrific ending. Loved the conclusion. It was so sweet and wrapped up perfectly. Love Nolan and Hailey together!

*Complimentary copy received for honest review.*

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## **Sabrina says**

Nolan left his past behind and became someone else, someone with potential and stardom. When he left, he left the girl that was his best friend, and he never contacted her again. Five years later Nolan gets a call that changes everything. Hailey is in the hospital after being attacked, and he can't not go see her. When he shows back up in town and learns that her attacker was never caught, he decides he isn't going anywhere as long as she needs him there to protect her.

This was my first book by this author, and though it's not the highest rating, I really did enjoy the overall story. I liked that we got to see Nolan and Hailey become friends again, before it led to anything more. There was a lot of passion between them, and I loved seeing them together. I actually really liked the flashbacks, which is weird for me because I usually don't like when a story takes us back in time, but in this case it let me understand the characters more and helped me connect with them.

My problem with the book was the fact that some things didn't seem to add up. A big thing was that Hailey was in a coma and Nolan even mentioned that she looked beat up and had bruises but then a week later she's out at a club and the bruises are never mentioned again?? I really hate when things like that don't add up. Bruises don't go away overnight, and it was made to sound so bad in the beginning and then just went away.

Overall, a good story with a great premise. I liked the writing and the characters so I will definitely be sticking with this series. We didn't get to learn much about the other band member but I'm looking forward to finding out more about them.

*ARC kindly provided via NetGalley in exchange for an honest review*

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## **FMABookReviews says**

*'This One Moment'* is a story of second chances, with a bit of suspense thrown in.

This is a painful review for me to write. Because throughout the first 1/4 of the book, I was loving it! But then somehow I began to disconnect from the story and the characters. Miscommunication or total lack of communication, caused these two to be separated the majority of the book -- having only a sexual relationship. Never really sharing their true feelings, they pined for one another. Unfortunately, I didn't find this to be endearing, but exhausting.

Determined to leave his past behind, Nolan left town to chase his dreams of being a musician. Five years later, it is the assault on Hailey, the girl he has loved all his life, that brings Nolan back to town. When he finds out that she doesn't remember what happened to her, he makes it his mission to keep her safe, while figuring out who assaulted her.

Nolan doesn't remember the details of the horrific tragedy that rocked his family, Hailey doesn't remember her attack. Both are determined to help the other remember. Inevitably, sparks fly between the two as they find comfort in each other.

What bothered me was they both have loved one another for years. Even for the five years that Nolan was gone. Nolan stopped all communication with her when he left town. Now he's back, they both feel the chemistry, experience the feelings of love, yet each is afraid to tell the other. She doesn't believe he wants her because he is now a big-time rock star, he doesn't believe he is good enough for her. I wanted to smack their heads together to knock some sense into them.

While I found some parts frustrating, I did enjoy the suspense element and even though I guessed who did it, I had no idea why.

Have you seen the trailer for **THIS ONE MOMENT**! If you love trailers filled with videos and sexiness, you'll want to check it out.

<https://www.facebook.com/StinaLindenblattAuthor/videos/511985015654667/?pnref=story.unseen-section>

You can now follow the guys in **PUSHING LIMITS** on Twitter <https://twitter.com/PushingLimits3>

For hot guys pictures, exclusive teasers, and general fun, join the author's FB group (The Swoon Room): <http://on.fb.me/1N4m1FT>

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## **Suzi (Obsessive Reading Disorder) says**

This is the first time I have read this author. The blurb sounded exciting and the book was a recommendation via Netgalley. This is the first book in the Pushing Limits Series about a rock band. Nolan and Hailey' story starts when they are young children and neighbors. They had been best friends forever until a horrible night causes Nolan to skip town and never want to face those nightmare demons again. He cuts ties with Hailey, hoping to protect her while loving her from afar.

Five years pass and another horrible incident brings Nolan back to Hailey. The story is told in flash back as Nolan's memories return.

I love to read friends to lovers stories. Add in a tattooed rock star, bad-boy vibe and it just gets yummiier! What I didn't anticipate was the suspense element tot he story. It added a bit more spice to an otherwise typical friends to lovers tale. I am a wimp for suspense novels, so this one had my heart racing a few times. For the record, I suspected but never guessed the true villain, so yeah for that!!

As is sometimes the case in these stories, communication gets the best of these two. They have secretly loved each other forever and seem to slip into that familiarity they had as teens. But other times, it seemed like they were starting from square one. I know it adds tension to the story but I wanted to kick Nolan up side the head a few times. PICK THE GIRL ALREADY!!

Very happy to have had the chance to meet this new author. Looking forward to what she brings to the rest of the story. Loved the Epilogue---so sweet!

\*ARC received via Netgalley for an honest review

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### **Christina says**

I am a sucker for second chance romance and this one did not disappoint. Plus, hello, ROCK STAR series!! ;-)

I love that Nolan is so protective over Hailey and that he's trying to make it right. I also appreciate how strong and independent Hailey is and that she pushes back. Hello UST!

The flashback scenes to their childhood and the story that makes Nolan the person he is had me on pins and needles and completely breathless. I love these two together and I'm so happy they get their HEA.

Cannot wait for the other Pushing Limits band members books!

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### **Christie«SHBBblogger» says**

[Yes (hide spoiler)]

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