



Physical Therapy

Carol Lynne

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Doctors Sam Browning and Isaac Singer opened the Cattle Valley Medical Clinic when they were both fresh out of medical school. It was the best thing they ever did, other than loving each other for more than twenty-five years. They've enjoyed a thriving practice and an even better sex life, but lately routine has started to set in.

With the growth of the town, the doctors decide it's time for the clinic to hire a physical therapist. They thought hiring Matt Jeffries over the phone and offering him the use of their garage apartment was the smart thing to do. That is until Matt shows up, suitcases in hand. Three months after returning from the war in Iraq, Matt has bigger problems than his attraction to two gorgeous older men. Night sweats and flashbacks are keeping him locked in his own shell.

Can two doctors offer the physical therapist a little therapy of their own?

Reader Advisory: This book is best read in sequence as part of a series

Physical Therapy Details

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From Reader Review Physical Therapy for online ebook

Romanticamente Fantasy says

Recensione INEDITO

4.5 - Voto

" Sam prese il bicchiere di vino di Matt e glielo porse. "Sembra che abbiamo un problema," cominciò a dire. Gli occhi di Matt schizzarono verso Isaac. "Sono dispiaciuto," disse automaticamente. "Non esserlo. Io non lo sono," continuò Sam. "Sin dal primo giorno che ti abbiamo incontrato, sembra che tutti e due siamo stati attratti da te," gli rispose, indicando lui ed Isaac. "Ce lo siamo tenuti dentro in rispetto del nostro amore, ma l'attrazione era sempre lì. Mi dispiace ammettere che questo aveva cominciato a dividerci. Non siamo abituati ad avere segreti tra di noi. Stiamo insieme da molto tempo." Isaac si intromise. La testa di Matt scattò verso l'uomo dai capelli scuri. "Dopo ciò che ho visto fuori dalla finestra della camera da letto, appena ti eri trasferito, ho pensato che forse eri attratto da me, o da noi, ma non ne ero certo. I miei sospetti sono stati confermati questa mattina nella stanza per la fisioterapia."

Matt è stato paramedico in Iraq, e dal suo ritorno soffre di incubi tremendi. Ora vive in un piccolo appartamento sopra la casa di Isaac e Sam, due maturi medici che lo hanno assunto come fisioterapista nella piccola clinica che dirigono a Cattle Valley.

Matt è molto grato ai due uomini, ma vivere nella stessa casa con loro sta diventando difficile a causa dell'attrazione che il giovane comincia a sentire per entrambi e che cerca con ogni mezzo di nascondere, per paura di causare problemi ad un rapporto consolidato che dura felicemente da più di vent'anni. Per questo è deciso a cercare un altro posto dove vivere.

Isaac e Sam sono una coppia collaudata e serena, ma da qualche tempo il loro rapporto si sta lentamente deteriorando, anche perché all'insaputa l'uno dell'altro cominciano a provare desiderio per Matt e sono molto preoccupati, sapendo che il giovane soffre di insonnia dovuta alla sindrome post traumatica e vorrebbero poterlo aiutare. Una sera vengono alla luce i desideri che i tre hanno finto di ignorare, aprendo così una nuova meravigliosa parentesi della loro vita.

È un romanzo molto delicato, questo nuovo capitolo di Cattle Valley, che ci trasporta in una cittadina atipica, dove ognuno è libero di vivere come desidera, e nessuno viene giudicato per il suo comportamento in camera da letto. Isaac e Sam si amano da molti anni, sono amici e complici, ma Sam ha sempre avuto il segreto terrore che la grande passione fisica di Isaac, non fosse pienamente soddisfatta. Lui infatti non sente il bisogno continuo di avere rapporti che contraddistingue Isaac, e ora non può fare a meno di notare l'interesse che il suo compagno mostra nei confronti di Matt ed ha paura di perderlo.

Eppure anche lui desidera il giovane fisioterapista anche se è convinto che i suoi cinquanta due anni siano troppi per un uomo di ventisette. Mantenere questo segreto, sta rovinando il loro rapporto fatto di fiducia e comprensione, e solo quando saranno veramente sinceri l'uno con l'altro scopriranno di avvertire lo stesso bisogno.

Per Matt reduce da un dolore che non riesce a lasciare andare, i due uomini diventano ben presto indispensabili, ha bisogno dell'oblio fisico che Isaac gli sa dare, così come della dolce saggezza di Sam, che lo convince finalmente ad affrontare il rimorso che non lo abbandona mai.

Un ménage pieno di tenerezza, in cui si percepisce l'affetto e il desiderio di aiutare senza gelosie, un rapporto non convenzionale appassionato e sincero, che ha delle belle scene di sesso intense e avvincenti. Una scrittura bella e scorrevole, che dipinge tre personaggi intensi, con le loro paure e i loro desideri, e ci fa trascorrere alcune ore in compagnia di un libro che ha come unica pecca l'essere davvero molto breve.

Lucia63 - per RFS

Penumbra says

[

The author starts this story prior to the first time we see Sam, Isaac and Matt at the wedding in the previous book. In this one, the story starts with Matt reliving a nightmare of his time served in Afghanistan.

Sarina says

Review written for Love Bytes Reviews.

I would say that out of all the Cattle Valley books I've read so far, this is the one that has had the most in the way of drama and 'issues' to be worked through by the main characters. After living together and loving each other for more than twenty-five years, Sam and Isaac thought their relationship was solid but that belief is shaken when their new physical therapist shows up and shakes them both up. Unwilling to admit to the growing feelings they each have for their current house guest, Sam and Isaac find their once stable relationship beginning to fray a little at the seams. Matt isn't unaware of the problems the other two men are having and with the attraction he feels in return for both of them, he feels it would be best for everyone if he were to just move out and continue to ignore the connection all three of them seem to share. Add in the persistent nightmares and lingering problems with PTSD and survivor's guilt and Matt appears to be falling apart himself. When the attraction between all three men is finally acknowledged and brought out into the open, things seem to be going well but the lingering pain and guilt Matt deals with on a daily basis might just tear the trio apart in the end anyway.

While I'm always up for an easy low angst read, I found this to be a nice change of pace for the series and I really enjoyed the direction the author took it. Matt fit well with both Sam and Isaac and it seemed as though he was always meant to be there instead of just an extra that was added later. It was also nice getting to see all three men dealing with various problems, both individually and as a group, in regards to the relationship aspect as well as the healing that Matt really needed help achieving. None of the issues were resolved easily or early on in the book and the PTSD was an ongoing issue right from the beginning that was only really being addressed by the end of the story. Personally, I thoroughly enjoyed not having everything fall into place so quickly.

This was a great installment to the series and just further reinforced my enjoyment of it as a whole; if you like a lot of variety in your books but enjoy seeing and catching up with previous characters, this series could be for you. So far I've liked every one that I've read and I'm looking forward to seeing what comes next.

Gabis Laberladen says

Darum geht's:

Der neue Physiotherapeut Matt ist vorübergehend als Untermieter bei den beiden Ärzten im Ort, Sam und Isaac, untergekommen. Die beiden sexy älteren Männer befeuern seine erotischen Träume und er beschließt, sich schnellstens eine eigene Wohnung zu suchen, damit er nicht zum Störfaktor in ihrer Beziehung wird. Doch sowohl Sam als auch Isaac zeigen Interesse an Matt. Und Kumpel Nate redet Matt zu, den beiden Ärzten reinen Wein über seine Gefühle für sie einzuschenken.

Meine Meinung dazu gibt's hier

Elizabeth says

3.5 stars

Elisa Rolle says

With this one Carol Lynne manages to make me cry. Maybe in these days I'm particularly weak, maybe it's the hot night and they are not tears, but sweat drops... but well, while I'm writing this, my eyes are blurry and I continue to blow my nose...

Matt was an army paramedic in Iraq. He saw a lot of things that no one should see, not one time, but day after day. His only friend and support was his fellow army buddy Danny. Danny was wonderful, handsome and nice and straight. But being Danny straight didn't prevent Matt to fall in love with him. But Danny died, in the only day Matt was not with him, and obviously Matt is torn with guilty.

Now Matt is living in Cattle Valley, he is the town new physical therapist and he is living in the above garage apartment of the two town doctors and lovers, Isaac and Sam. Sam is 52 years old and a very quite man; he likes his works and likes his home; comfort and peace are radiating from him. Isaac is 47 years old and a bit of a bull; strong and always in motion, maybe he is too much for Sam. And here is the problem: Sam and Isaac are together since 25 years and Sam always wondered if he is enough a man for Isaac; not that he ever doubt Isaac's fidelity, but well, he has always tried to accomplish every desire of his man, even when it was against his mood or wish. And now here there is a 27 years old man, handsome and nice, and in dear need of help. Sam wants to help him, but at the same time he fears that, allowing Matt to enter their couple, he will lose Isaac.

Well, I hope that you understand that I didn't cry for Sam's dilemma, but for Matt's journey to be able to move on his war trauma and the lost of his friend. Carol Lynne pushes all the right bottoms of emotion, the same bottoms that make you cry even if you are aware that you are reading a book, and that all you are reading is only fiction, but still you cry since you unfortunately know that what you read is not only fiction, but it happened and maybe is still happening somewhere in the world.

And now, after my emotional breakdown, I also want to try to analyze another aspect of the book: why when I read of a threesome between two men and a woman I hardly like it, and when it involves three men it doesn't bother me? I'm fully aware that I have a prejudice, and I also believe that it's a feminist thing (please, male friends don't shoot me, here I'm admitting one of my weakness...): since in my culture, the woman gives birth and the woman is identified with family, when there is a woman in the threesome, it's obvious for me that she is the center of the threesome, and at least one of the two man, if not both, depending on her. So when there is love between the two men, I feel the woman like an intruder, since I'm always expecting that she will broke the male bond. In an all male threesome, without this strong female figure, they are all equals, and I think they can build something together without never arriving to a break up.

Returning to the book in question, obviously Matt is the main character. All the book turning around him and his trouble, but there is still enough space to appreciate also Sam and Isaac. Maybe Sam is better outlined, and also is reasons pro and against the threesome are clearer. I still need to understand better Isaac... there is a strong sexual need that lead him to Matt, maybe a need that Sam is not ready or willing to satisfy, but I hope that he also loves Matt. If not, Sam will be the link between them, even if physically he is weaker than the two, probably he is stronger in will.

<http://www.amazon.com/dp/1907010807/?...>

Chris Kottner-Kirschner says

Matt versucht in Cattle Valley einen Neuanfang und seine traumatischen Erlebnisse aus dem Kriegseinsatz zurückzulassen. Doch für den Physiotherapeuten ist es alles andere als einfach das Grauen des Krieges loszuwerden und vor allem sich endlich seinen Schuldgefühlen zu stellen. Wenig hilfreich sind da auch noch seine Arbeitgeber und Vermieter in Personalunion, die Ärzte Isaac und Sam.

Die beiden 'Silberfüchse' betreiben eine kleine Klinik in Cattle Valley und sind schon ihr halbes Leben lang ein Paar. Auch wenn sich ein paar Abnutzungserscheinungen in ihre Beziehung eingeschlichen haben, lieben sie sich noch immer und können nicht von einander lassen. Allerdings schweifen ihre Gedanken immer öfters zu dem gutaussehenden Matt. Doch es braucht Zeit, bis sie sich gegenseitig das Interesse und die daraus erwachsenden Gefühle gestehen. Auch Matt fühlt sich zu beiden Männern hingezogen, kommt aber mit seinen eigenen Gefühlen kaum klar und will sich auf keinen Fall zwischen das harmonische Paar drängen.

Wo ein Wille, da auch ein Weg. Und auch wenn alle Männer Bedenken hegen, Unsicherheiten haben und sich den Kopf über eine mögliche Zukunft zerbrechen, verhalten sie sich wohltuend erwachsen und reif - so wie man es aufgrund ihres Alters auch erwarten kann. Selbst Matt, der doch deutlich jünger ist, lässt sich nicht zu kindischen Ausbrüchen oder unerwarteten - sinnlosen - Aktionen hinreißen.

Diese Gesichte wird von Carol Lynne deutlich bedächtiger erzählt. Weder Humor, noch die Erotik kommen zu kurz. Aber durch Matts Erfahrungen im Krieg, ist die Grundstimmung einfach ruhiger und ernster. Mir hat es gefallen, auch wenn ich gerne mehr von Isaac und Sam erfahren hätte. Auch Matt bleibt manchmal nur ein wenig vage beschrieben. Die Geschichte konzentriert sich sehr stark auf die Gegenwart und es kommt eben zu Rückblenden in den Kriegseinsatz Matts.

Von dem Leben davor und seiner Familie erfährt man leider nichts. Trotzdem hat mir die Geschichte gefallen und ich mochte alle drei Helden sehr gern, weil sie eben auch sehr gut zusammenpassen und sehr

harmonisch sind, als sie sich dann endlich richtig finden.

Arlyn says

I enjoyed the chemistry between Matt, Sam and Isaac. The heat between them and the sizzling sex scenes between the three men provided a speedy, enjoyable and entertaining read for me. However, the maudlin state of Matt's mood and the associated PTSD scenes involving him were kind of depressing & slowed the story down for me, though it did add depth to the character & heighten the emotional stakes among the threesome, so it was not without merit.

Recommend for a well rounded read featuring hot M/M/M scenes!

Pamela Su says

Okay. I quite liked this one. Again, insta-love but it was still cute to me. I also like age-gap stories.

This series isn't really meant to be taken too seriously. It's shallow and is meant to be quick, easy reading.

Shirley Frances says

A bit of everything essential: drama, humor, hot chemistry and lovable (older) men. A great addition to the series.

Mandy*reads obsessively* says

I always seem to read these series out of order, I don't do it on purpose but it actually works out ok.

Matt is suffering from PTSD, guilt and just plain sadness from the war he served in. The war that took his best friend and secret crush Danny from him. He can't forgive himself for somehow not being able to save Danny.

The Drs Isaac and Sam have been lovers for over two decades, they still love each other a lot, but working with Matt and having him living very close to them has thrown a new dynamic into their relationship. They both want him and he wants them. But Matt has serious issues and Isaac and Sam have some reservations themselves.

I actually sniffled a little, Matt and Danny's story really was touching, his family, friends and Julie were so great.

Christy says

Wonderful, Loving and Emotionally Happy Read

This book I have wanted to read for so long and I really don't know why I waited so long. It was so beautiful and well written. I couldn't help but feel the pain Matt was feeling with every word on the page.

Matt is the new physical therapist in Cattle Valley. He's six months back from Iraq and losing his best friend Danny. Matt is having nightmares and flash backs to the war. The blood and death is getting to him but it runs even deeper to his guilt from not being there when Danny died. He was sick in bed and thinks was because of that Danny died.

Matt is also falling hard for the two doctors he's living above their garage. Sam and Isaac are the doctors in Cattle Valley with their own practice and work the hospital too. They brought Matt in after Nate said the town needed him. Sam and Isaac are falling for Matt like he is them. It's showing too.

Things come to a head and they talk then they talk to Matt. Which leads to them bring Matt into their hearts and bed completely. It is bumpy because Matt isn't ready to talk to anyone about his heartache. He gets offensive about it and things look even worse but thanks to a man in a bar Matt goes back to his men knowing Sam was only showing he loves him with the suggestion of seeking help.

I finally found out what happened to Matt at Kyle's wedding. He was having flash backs to his best friend Danny and him working on what Matt had always thought was Danny wedding book to his girl Julie. Matt was beyond off which we find out later.

After the wedding Matt opens up to his men about the wedding album. He was working on it when he got the news Danny had died. He kept the book which he also felt guilty about since he thought it was Julie's. He needed something of Danny to hold onto because he was in love with Danny even though he was straight.

Matt finally goes to the therapist and is shocked when he's already talked to Ben. He met him as BJ in the bar weeks back. Matt promises to get his men later for setting him up. He talks to Ben and knows that he has to go to see Danny's home. He doesn't want to but it might be the only thing to help his broken heart.

Matt goes to Kansas and a lot of things get resolved. Matt is having a hard time and this was the second hardest part of this book to read because it was so bitter sweet and loving too. I had to keep blinking back tears while reading. Matt and Danny's home town misses him so much. Julie his girl is the one that ends up giving Matt the best gift while there.

This is the part that got me the most; the wedding book was for Matt not Danny and Julie's wedding. It about broke me because of the guilt Matt had for keeping the album. Danny and Matt worked on the book together for hours while in Iraq. Danny thought it would be the only chance Matt would have to do it. There was so much love in the wedding album. Danny wanted Matt to find a place and he did; Cattle Valley, which he told Julie since Danny had told her about him. It was so heartfelt and bittersweet.

There as also the letter Danny left Matt which told him so many more things he needed to here. He accepted Matt for who he was and knew his best friend loved him even if he couldn't love him the same way back but didn't mean he didn't love him as deep as a lover could.

Sam and Isaac had their own bumps with dealing with getting older. There was also the difference in how they loved. Isaac craves sex a lot but Sam never has. Sam and Isaac had hit a rut in their sex life before Matt came along they know that Matt saved them. They would never have strayed from each other but Matt gives them both what they needed in the end.as

How anyone could say this isn't a wonderful book is beyond me. The love jumps at you from the pages. They give so much to each other and help along the bumps and pitfalls of life. I was emotionally drained from all the happiness and love. It was lover love, best friend love, and all around love.

Carol Lynne creates a place I'd want to live.

Bubbles Hunty Honest & Direct Opinions says

It was a lot more emotional than I was expecting. I cried at arts throughout the story but the last two chapter really had me crying like a baby. I loved the story, it was beautiful

Barbara? says

Okay...let me see...where do I begin with this one? First this was my least favorite so far. I just didn't feel the connection that I've felt with the others. I love a good ménage but I think part of the problem is that Sam and Isaac have been together for 20 years or so. It kind of makes it hard for me to believe that either or both would be willing to bring in a third so easily. Throw in Isaac's over active libido and Sam's insecurities because of it, it seemed Matt was just there to fill a need and not because he brought love and stability to the relationship. Sam's issues were just sort of swept under the rug and there was no closure there for me to feel these three would make it.

And then Matt is dealing with his PTSD and guilt over his friend. Now this got me emotionally. I FELT his pain and sorrow and actually teared up a time or two. I think HE had the support he needed from the other two but as a threesome it just didn't really work for me.

Chappy says

Another pretty hot and heavy installment of Cattle Valley. Here we get Matt's story (the new physical therapist) and how he came to work for the sexy but older doctors. He's a war medic dealing with some PTSD and some guilt over losing his best friend over there.

Thankfully Isaac and Sam bring him into their loving relationship and they never look back.
