



# **The Ultimate Guide to Cunnilingus: How to Go Down on a Woman and Give Her Exquisite Pleasure**

*Violet Blue*

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## **The Ultimate Guide to Cunnilingus: How to Go Down on a Woman and Give Her Exquisite Pleasure**

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Many people enjoy giving and receiving cunnilingus, but where do you turn when you want to learn more about oral sex or ways to introduce it into a relationship? The Ultimate Guide to Cunnilingus is a resource for people who are looking to expand their expertise or are simply curious. In her clear, concise, and informative text, sex educator Violet Blue provides step-by-step instructions for going down on a woman, as well as accurate and up-to-date information on female anatomy and response. In her friendly, witty tone, Blue dispatches fascinating facts and discusses games for lovers, positions, safety, a variety of techniques, erotic book and video recommendations, and tips for effectively communicating with a partner.

## **The Ultimate Guide to Cunnilingus: How to Go Down on a Woman and Give Her Exquisite Pleasure Details**

Date : Published March 4th 2002 by Cleis Press

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Author : Violet Blue

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## **From Reader Review The Ultimate Guide to Cunnilingus: How to Go Down on a Woman and Give Her Exquisite Pleasure for online ebook**

### **Ryann says**

I really liked this book, not only with how detailed it is on how to give good, safe oral sex to a woman but it can be very enjoyable for both parties. The author does a really thorough job of explaining certain methods of oral (like analingus), the toys you can use, and how to practice safety while doing this action like using dental dams or other alternatives.

She also details how to have oral sex properly when either the giver or taker are injured, disabled; the tastes, tricks, and how to use the g-spot.

If your interested in being an expert in one way to pleasure women, pick up this book.

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### **Kate says**

I don't know how useful the information in this book is going to be to me personally, but it was enthralling nonetheless!

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### **Steve says**

The most no-bullshit guide to the subject that you will ever read. To old hands at/enthusiasts for the art, this probably won't provide you with any new info, but it's good to know that such a time exists to provide much-needed reference for this all-too-often neglected aspect of lovemaking. If I were to recommend only one book on the subject to those who truly need its help and advice, this is the one I would cite.

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### **Chrissy says**

great advice.

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### **Nilaja Montgomery says**

It only helped to improve my technique. ((^\_~))

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### **Jimmer Bimmer says**

from the 'lips' of a porn starlette

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### **Jen says**

Okay- so this wasn't a book purchase that I made, but it was there and I read some just to check it out and make sure that it didn't say anything like "Go down on a woman and then try repeatedly poking your fingers in her eyeballs- she'll think it exquisite!" It didn't.

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### **Jessica says**

Why isn't this being read more??

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### **Tabitha says**

Solid, well written book which I would recommend to counter She Comes First. The Ultimate Guide is just as sex positive - if not more so - with greater diversity of topics covered (disability and S/M sections come to mind) and less heteronormativity.

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### **Kate Vassar says**

I particularly like the section on inhibitors, and the author's obvious enthusiasm. There are short erotica fliclets at the end of each chapter (by Alison Tyler). And I particularly appreciated the passage in which the author lets us know that upcoming material on golden showers might be squicky: she recommended that if it wasn't the reader's thing, they could skip to the story at the end of the chapter.

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### **ERIN SCHMIDT says**

In September 2010 I read Violet Blue's The Ultimate Guide to Fellatio: How to Go Down on a Man and Give Him Mind-Blowing Pleasure. The other day a little package arrived for me from Cleis Press. This time, it contained Blue's The Ultimate Guide to Cunnilingus: How to Go Down on a Woman and Give Her Exquisite Pleasure(Second Edition). I had to read it.

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By the way, which is better--exquisite or mind-blowing?

The foreword by Margaret Cho begins with "Pussy is a wondrous mystery." Vaginas and vulvas are a mystery, but Violet Blue does her best to educate the carpet-licking public. Her introduction is as enlightening as her men's guide intro was. It's sad in a way that years after the first production of The Vagina

Monologues, we're still living in a "pussyphobic" culture, but Blue is right.

As in the guide to men's pleasure, there are line drawings. They're fun, though they neglect genital piercings, unlike the male-centered guide. Neither illustrations nor text are heterosexist, so lesbian and bisexual women can enjoy it just as much as straight women. There is also a chapter for women with disabilities. Sidebars on how not to muss your lipstick and what to do with a tongue piercing are fun, and again, Alison Tyler contributes short erotic fantasies to the nonfiction.

The chapters are yummy and informative, but the best part may be the resource guide at the end, updated for the second edition. It tells you where to buy woman-positive and sex-friendly supplies in the U.S., Canada and Europe.

If you're a woman with a partner who's reluctant to go down on you, buy your boyfriend/girlfriend this little volume. It'll open up her/his eyes to the possibilities and deal with all the concerns people usually have about "going down there."

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### **David Schwan says**

A comprehensive guide to cunnilingus with coverage of male-female and female female techniques. Lot's of emphasis safe sex practices which take about 20% of the book. Well worth reading.

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### **Elizabeth Bear says**

Adorable lesbian sex guide is adorable. The illustrations are a little too pen-sketchy to be really useful. The author is charming and knowledgeable.

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### **Joe S says**

I finally ordered this from Amazon just because I want to see how their preference-predicting algorithm handles this. Recommend another purchase for me *now*, bitches.

Also, I love looking at the people who gave this book five stars. Seriously. It's better than the zoo.

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### **Mason says**

No seriously, if you're thinking about reading this book...read this book. There are diagrams, artists pictures, sexual negotiation skills, erotic stories, personal experiences, and is not exclusively talking to heterosexual couples.

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