



Fall Back

Zoe York

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When Navy SEAL Cade Duncan partners up with Mel Vincent for an endurance race, he doesn't expect to tumble into a romantic fling in paradise - or to be so pissed with the beautiful woman when he finds out she's been keeping secrets.

This book was first published in the Romancing the Alpha adventure romance boxed set.

The SEALS Undone Series

Fall Out - Drew and Annie

Fall Hard - Jared and Cassie

Fall Away - Trick and Gaby

Fall Deep - Miles and Piper

Fall Fast - Nathan and Emme

Fall Back - Cade and Mel

Fall Dark - Vince and Larken

Fall Back Details

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From Reader Review Fall Back for online ebook

Amber says

This was a little shorter than I'm used to but it was definitely a good read.

Aarati says

I got a copy of this book from the author in exchange for an honest review.

Every time I read a new book by Zoe York, I say "This is my favorite in the series". Fall Back was no different. I fell in love with Cade Duncan from the very first moment. He doesn't play fast and loose. He is a guy who actually likes to invest some time in a relationship outside of sex. Mel Vincent is a no-nonsense, strong, independent woman who has had too many downfalls in her life. She has built a wall around herself, but for Cade she knocks them out one by one.

I loved the chemistry between Cade and Mel. The anticipation game they were playing really worked for me. I'm always in awe of Zoe's ability to fill a novella with so many emotions. She makes you laugh and cry and smile, all in a mere 150 or so pages.

Paula says

This is a wonderful series with several stories adding to some of my favorite series. Well worth the cost especially since it is all new stories.

This review is for Fall Back by Zoe York.

Fall Back is another SEALS Undone novella, but this time I think the SEAL undoes the woman. Cade is a sweetheart with a capital S. He is my favorite of the SEALS in this series. He has so much physical stamina, mental excellence, kind generosity and emotional patience with Mel that I couldn't help but fall in love with him a bit myself.

Mel is prickly and keeps referring to her craziness that she hides. She could be from the South instead of California. Here we fix our hair, put on our makeup covering our craziness or better yet leave it at home. So needless to say I like her too. Still I wanted to shake her but wanting her to see Cade as the best of the best.

The race in Hawaii is a wonderful background to their story. The setting, the characters, the emotional plot, and the hot shower/bath scenes made this a winner! Of course, it is nice to see Jarred and Cassie again too. But boy, that shower scene....then after the race in the tub....

4.5 Stars

Copy provided by the writer for an honest review.

Nikki says

Cade, being the single man out, arrives to do a favor for a buddy who's expecting a baby, by taking his place to go out of town on a training mission. In favor of the favor, Cade asks for one thing, the hot and curvaceous girl he just saw's number. Mel, also a friend of the couple had plans to go to Hawaii for a race, but it looks like that might just be put in the back burner, since her best friend's hubby was her race partner. The real reason she's dying to do this race will not be spoken because to her, her friend's pregnancy comes first. But, when Cade's Alpha male kicks in, he offers to go in place of his buddy. (I'm sooo glad he decided to take this trip with her, can you imagine a trip alone, to Hawaii? Because, I can't. I'd be scared out of my mind.) The fact that Cade wants a date with her has nothing to do with his Alpha manors, or maybe it does. The journey these two take on this trip will have you laughing, smiling, holding back a grunt, heart heavy, and your face might just go up in flames at one point. Because Mel and Cade are freaking awesome together, in every way! Their attraction to one another is exhilarating, heart moving, and fun. And like all of Zoe's books I fell in love with the sexy Cade Duncan. I mean, really, who doesn't love a hunky SEAL?!

Trisha says

How do you know when it's safe to trust someone with your secrets and your heart? You ask yourself, "what if my baggage is too much baggage for them? What if they can't deal with it only a short amount of time."

Cade & Mel meet when visiting friends at the hospital. There is immediate attraction but Cade has to leave for two weeks and Mel is too busy organizing her life down to the minute to see where it leads.

Mel has signed up and trained for an obstacle/endurance run in Hawaii with a purpose beyond finishing but needs a last minute partner. Cade offers to partner up with her, not only because he sees it as a way into dating her but also because he can tell how important it is to Mel.

In a luxury king suite in paradise, Cade and Mel figure out how patience and letting the other person work at their own pace, can be beneficial to all parties involved.

This story has its HEA and can be read as a standalone. There are characters from previous and future stories referred to, so reading this series in order would give the best experience.

Maura says

Cade meets up with Mel, one of Cassie's friends, at the hospital, where Cassie is getting checked out. He's instantly attracted, but Mel is prickly and resistant to his attempts to charm her. Once it's all out there though that he's interested, she's a bit more receptive. But she's running a race in Hawaii in a week and Jared was her partner, but he's sticking around for Cassie. So Cade offers to step in. A week in Hawaii with a gorgeous other - paradise right? But Mel puts the brakes on - friends only while they're there. So Jared has to convince Mel to break her own rules.

This one had great potential. I liked Cade, the fact that he was one of the first of these guys who didn't sleep around and that he was so patient with this neurotic woman. Mel I had problems with. She's prickly and outright rude sometimes - as Cade describes it, she has walls 6 feet thick around her heart and her walls are

growing walls. She makes things very difficult. So naturally, with all this build up around her and the mystery of Mel and her prickly attitude, I'm thinking she must have some kind of trauma in her past. Especially after her little freak out and her complete unwillingness to share anything about her past. So when we finally find out that her issue is, (view spoiler) I began to wonder how that was some kind of secret? That's not something you keep hidden away as though it were some deep, dark secret. Why wouldn't she simply be able to say she's running the race so she can stand in the same place her Mom did 20-some years ago to feel close to her? So I thought, maybe there was more to it than that...but if there was, the reader never learns of it. So her personality seems overkill in comparison to the problem. And it felt like the story ended very quickly.

That being said, the sex scenes in this story were super hot. The shower scene with Cade, probably my favorite...

Nancy Stopper says

The Navy SEALS have such a wonderful network for their men to meet the women of their dreams, and it is no different in Fall Back. Cade is an intuitive character - even before he officially met Melissa, he could read her, or so he thought! What he is reading is her blocking herself off from feeling, or expressing those feelings. Melissa really is a bit neurotic and Cade is incredibly sensitive and empathetic towards that. Early on, in the narrative, we see that he has formed an immediate interest in her but senses that he has to be careful how he approaches her because she seems to spook easily. I like how, over time, Melissa is able to open up to Cade and tell him the secrets that she's holding in - because he has expressed that being open is important to him. He goes into this relationship with an intense purpose from the beginning, and while he says he isn't looking to get married right now, we can all tell better from his words and actions. He may be an alpha male, but he is not brooding - he can be sensitive and has a great sense of humor, knows what he wants when he sees it and pursues it with a deliberate but not overbearing purpose. He is able to bring out the best in Melissa and get her to open up to him, and to love. The sex scenes are really quite hot in this book, with an added visual element - be sure you check out the cover!!

Mona says

FALL BACK: BOOK #6 SEAL's Undone by Zoe York...

Navy Seal Cade Duncan and Melissa Vincent. When these two meet it's not under the best of circumstances. They don't know each other, but interesting to find out when both are there for the same reason.

Mel rushes off when she finds out her best friend Cassie is in the hospital..and finds a big hunky mountain guy in the elevator with her. Then see's him again..

Cade is going to see is friend Jared who needs his help, and he sees Mel...he has no idea why but he wants to get to know her. The fun has just begun...

Interesting to see what transpires between these two. She has signed up to a endurance/obstacle course in

Hawaii, and some how he worms himself in going. So much is going on..secrets, walls she has..well maybe she can let those down?
She sets the rules down.

Very touching story, and sweet.

This will be released in a box set July 7th..

Jean Marie says

First you must know that I love all of Zoe York's books and have never been disappointed. I believe this is the 6th in the SEALs Undone series and while it's a quick novella, it does not disappoint.

I like how this SEAL, Cade Duncan was so sweet and cute. He runs into this woman, Melissa on his way in to a hospital. It turns out that they're both heading to the same room. Cade tries to get Melissa's phone number from his friend and then asks him to invite him over for dinner and "maybe her at the same time". I just find it charming that this Alpha male is asking a friend for help to get the girl.

Mel has been training to do an endurance race in Hawaii, but no one knows the importance of this race to her but her. Unfortunately, her training partner has to bail at the last minute and Cade steps in to be her partner. He's impressed with her abilities and helps her prepare. He's so thoughtful in helping her and sees that she's struggling with some issue, but he doesn't know what and he's patiently waiting for her to reveal it. As the story unfolds, you see their feelings for each other develop and she entrusts him with her reasons for being there. He was so caring and supported her in endurance race and conquering what she said out to do. It was great watching their love grow through this story.

Such a great fun, light hearted and warming story. Another great by Zoe York!

Bette Hansen says

Loved this fun sexy light read! I thought Cade and Mel worked perfectly together and the way he falls hard and fast is swoon worthy. Mel has had some hard times but Cade isn't willing to give up on tearing down the walls she has erected. This is a great addition to Ms. York's SEAL's Undone series and I can't wait for the next one!

Zoe says

Coming next week in the Romancing the Alpha boxed set!

Jessica Alcazar says

The first AND *most important* thing you should know about this story is that it is *overwhelmingly emotional*.

Not in your typical, that's a sad moment emotional, but the story itself is emotionally charged. When I was reading this story, I felt this overwhelming longing ... I couldn't quite put my finger on exactly what was causing it until I realized it wasn't any *one* thing or event. The *story* is electric, charged with emotion! The second thing you should know is that in my opinion, *this is by far, Zoe York's best work yet*. She exceeded my expectations with this novella length story. Exceeded because it doesn't read like a short story. *It has depth and meaning and purpose beyond anything a short story can normally carry.*

This is the story of *Melissa Vincent* and *Cade Duncan*. More aptly stated, this is the story of *Melissa Vincent* and the man who walked side by side with her on her journey of growth and discovery and ultimately love.

To say *Melissa Vincent* is emotionally 'closed-off' is an understatement. She's an only child with a very skewed perception of what relationships and love should be all about. No, that's not right ... she knows what it *should* be about, she just doesn't have a point of reference. Her parent's relationship was dysfunctional at best. Her father was nothing more than a sperm donor and she's never let anyone in close enough because of it. *Until Cade* *Cade Duncan* knew the minute he set eyes on *Melissa*, *the prettiest girl he'd seen in a long time*, that he needed a date with her. It wasn't smooth sailing getting to that date, but he got it ... and then some.

The story goes like this ... *Melissa* and *Jared Sutter* (her best friend's husband) were scheduled to fly to Hawaii to take part in an endurance race/challenge. But *Jared* becomes unavailable so *Cade* grabs on to this opportunity like his life depended on it. Because he *knows* there's a special girl under all that *prickliness* and this is his ticket to get to know this special girl. As I mentioned before, this book is more about *Melissa* than anyone or anything else. This endurance race is not just *any* race. It's both an opportunity to connect and a journey to discover for *Melissa*. You'll have to read for yourself the how and the why. But trust when I say this is not your ordinary short story.... it's short and sweet and packs a punch like no other.

This is a story embroidered with feeling, hope, vulnerability, acceptance, trust, growth and love ... Easy ~ Beautiful Love :)

Victoria says

4.25 RATING- There's not a lot to this book because of the shorter length but it worked perfectly as written. *Zoe York* is one of the few authors that really nails writing a novella. The chemistry between these two characters is great and I especially loved the hero, who falls fast and is a bit of a dirty talker- two of my favorite things! Did I mention he's a *SEAL*? Oh yeah! I think this may be one of the steamier books in the series. Nothing over the top, just very well done.

Overall, a cute, short read. Great addition to the series. Looking forward to reading the next one!

NOTE:I read this as part of the Romancing the Alpha boxed set.

Ulla Bisgaard says

4 Stars for Fall Back by *Zoe York* (Seals Undone Book 6)

I received this book for an honest review

Categories: #contemporary #Romance #military

Audience: Adults, New Adults, Mature contents.

Synopsis:

This book are part of a series but can be read as a standalone like I did.

Cade and Melissa's story. Cade is a navy seal. He loves women and is a bit of a player. Melissa is a decorator. Melissa has been training for an endurance run on Hawaii for seven years. When she loses her running partner Cade jumps in. Cade has been attracted to Melissa since he saw her for the first time. He hasn't been able to get close to her since she is scared of getting into a relationship. So when Melissa loses her partner for the run, he jumps in and offers to be her partner. Will this help them get together? Can they overcome both the obstacles of the run and in their relationship? Read the book and find out.

Conclusion:

If you love hot seals and strong women this is the book for you. This is a very sweet story about love and friendship. The language is smooth, and the story line flawless. It has a nice character development I didn't expect to see in a story this short and it really lifted the book. It's a short book with only 10 chapters, so a quick read. It's the kind of book that makes you feel good, and it's sprinkled with some really hot scenes as well.

Maria Rose says

In this fun and sexy story, Mel's partner for an endurance race has to drop out when his wife's pregnancy gets a little tense, but his drop dead gorgeous friend Cade is more than willing to fill in. Mel's got secrets though, and she's a bit on the prickly side but Cade is determined to get through the wall she surrounds herself with and find the real woman inside.

I've really enjoyed the other SEAL stories from this author (each is standalone) and since I happen to be a big fan of these kinds of fitness adventures I loved the combination. Cade is a friendly, competent and strong competitor and he wastes no time in letting Mel know that he's up for a little bedroom action too, if she is. Truth be told though, he's a relationship kind of guy and he sees in Mel someone he'd like to know for the long haul. Mel on the other hand is a more reserved and quiet person, and not used to the kind of attention Cade shows her. The chemistry is there between them from the start but I liked that Cade let Mel make the decision about whether to get more intimately involved. Their scenes together are super sexy and the story has a lovely happy ending. 5 stars.

Note: a copy of this story was provided by the author for review.
