



The Going to Bed Book

Sandra Boynton

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Getting ready for sleep is tons of fun in this special anniversary edition of a Sandra Boynton classic.

The sun has set not long ago.
Now everybody goes below
to take a bath in one big tub
with soap all over—SCRUB SCRUB SCRUB!

This classic bedtime story is just right for winding down the day as a joyful, silly group of animals scrub scrub scrub in the tub, brush and brush and brush their teeth, and finally rock and rock and rock to sleep.

This anniversary edition has an enlarged trim size and metallic ink on the cover, making this Boynton classic even more special.

The Going to Bed Book Details

Date : Published November 30th 1982 by Little Simon

ISBN : 9780671449025

Author : Sandra Boynton

Format : Board Book 14 pages

Genre : Childrens, Picture Books

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From Reader Review The Going to Bed Book for online ebook

Julia Smith says

At first it wasn't our favorite of the Sandra Boynton books, but this one has really grown on us. "A good cadence," my sister-in-law declared, and I agree: one part soothing, one part goofy (why do they all go up to exercise AFTER the moonrise and right before bed?), it would be a great one (obviously) for a bedtime or naptime routine.

Sara says

One of our favorite bedtime books.

Chris says

My two-year-old son and I have settled into a bedtime routine where we read *Goodnight Moon* and then we read this book. He loves when the animals brush and brush and brush their teeth and he loves when the boat rocks and rocks and rocks the animals to sleep but his favorite part is when they all go up...to exercise! That page never fails to get a belly laugh out of him.

Lillian says

I love all of her books. We'll see if this one stands the test of repeated nighttime readings (I think it will!).

Penny says

A must for every new parent. Our family has it memorized. We love this book!

Kerry Baker says

Sandra Boynton is always fun to read to my daughter.

Stephanie says

"And when the moon is on the rise,
they all go up to exercise!"

Really fun bedtime book! I love the funny illustrations and rhyming text. My favorite illustrations are the exercising ones... although like many others, I wonder why they are exercising right before bed; I think it makes the book even funnier though. This is definitely one that is worth being read again and again!

First read: 8/24/15

Anna says

This one is a gem, and probably more complex than the title would make you believe. In this book, the animals go downstairs to exercise shortly after taking their baths and brushing their teeth. Some guy from the New Yorker said this was a commentary on the upside down world your life turns into post-parenthood; to me, it sounded a bit closer to my teenage bouts of compulsive overexercise. Either way, this is a dark one -- also, George likes it.

Pooja says

Getting a nap in the morning is more adventurous than going to bed in the night!

Anittah says

I could not relate to the characters' motivations to exercise just before bed in their pajamas.

midnightfaerie says

We can't get enough of Sandra Boynton's illustrations. Just so cute with the different animals that my kids like to guess and the rhyming is fun too. A little silly with the animals doing things like exercising before bed, but it just adds to the allure. My 5 yr old is a little past it, but enjoyed it immensely when he was younger, and now enjoys reading it to his younger brothers. A must have for any Boynton fan!

Valerie says

I should pass these along to another parent, but I am hopeful I will have a chance to read them to another generation of children.

Karawan says

I love the silliness of this book. Maybe it's the French literature major in me, recalling Ionesco and the theater of the absurd....

I love that the animals are on a boat. As random as it seems, it kind of makes me think of Noah's ark (even though they aren't in pairs). I love that when you think they're going upstairs to bed, they're really going up to exercise. Just something about the fact that you assume you know what's coming, only to turn the page and see something completely different! I can see that being the sort of thing that would send small children into fits of giggles.

At the same time, the rhyming and the rhythmic repetition of "rock and rock and rock to sleep" at the end set it up as a nice bedtime story for small children. I love rocking my son in my arms to the rhythm of the rocking boat when we read that last page.

Lara says

The pages were quite thick and durable and there were pictures and rhymes. It encouraged going to bed, of which I am a fan.

Alicia says

I don't generally add the books I read to Owen as part of my challenge, but I think I've read this at least 50 times this year, so on it goes. Plus, he loves it.
