



## Terry's Emotions

*Sarah Bale*

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## **Terry's Emotions** Sarah Bale

How can you help to develop your children's emotional intelligence?

Our emotions tell us what is happening inside of us and how we react about what is going on around us. Those who know how to control and recognize their emotions are going to be more confident, responsible, and relate better with others.

You can teach your children to recognize and handle their emotions. Identifying and naming those emotions is the first step. Now, your children can learn to recognize eight basic emotions with Terry. With vivid and full-color images, Terry will show you the following emotions:

- Anger
- Happiness
- Fear
- Sadness
- Surprise
- Shame
- Confusion
- Contempt

Looking at Terry's facial expression (or situation), your children can identify themselves with the image so they can name the related emotion and describe how it's produced, helping to express when they feel it. Look for some suggestions for parents at the last page.

## **Terry's Emotions Details**

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**Loisa says**

A great book for kids.The pictures can attract their interest and an learn from it

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