



Super You: How Technology Is Revolutionizing What It Means to Be Human

Andy Walker , Kay Walker , Sean Carruthers

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Rewind Your Biology and Live Like a 20-Year-Old! Edit Your Genes to Live Disease-Free! Find a Parking Space with Your Internet-Connected Brain!

Advances in longevity, genetics, nanotech, and robotics will make all this possible!

This is *not* science fiction. This is your future. Right now, pioneering scientists and technologists are transforming what it means to be human by overcoming biological limits that have existed since our ancestors swung out of the trees and into the suburbs. With incredible inspiration and perseverance, these visionaries are solving deep problems of human health and longevity and their progress is accelerating.

Super You takes you inside their labs, companies, and minds to show how *you* can reap the benefits of a stronger, longer, *better*, life. You ll learn how to start hacking your life *today*, to become more super, every day. *Discover what s possible when yesterday s human limits are gone!*

Learn how evolution became obsolete and why it s time to start hacking yourself Save your life with whirring jet engine hearts, printed organs, and other medical miracles Rewire and turbo-boost your ape brain Become a mega-mind by connecting your brain directly to the Internet to use Google s synthetic neocortex Become superhuman with cyborg technology Design and mold your looks Genetically engineer your baby to be a tennis star (and other true stories) Prepare for the political and religious backlash against the future Discover how scientists will make death obsolete by treating it like a curable disease *and how to live until they do*

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Cuellared says

really interesting point of view

Jason says

Full disclosure. Andy, one of the authors of this book sent it to me. My review and opinion are my own. Super You introduces you to the future that is right under your nose. It also discusses what is about to happen that you may not know about. Most intriguing from my point of view was the last few chapters, that discuss how we will eventually live for at least double our current lifetimes. Fascinating reading.

Marcus Österberg says

Högt och lågt om precis allt möjligt, men intressant.

Hope Faith says

I won this book in a goodreads giveaway and am so psyched that I did.

This book reads like a general reference book. And with it being that way I didn't expect much from it. I just love reading about science related things and this book didn't disappoint. I highly recommend it.

Samantha Gunning says

I won this book via Goodreads First Reads Giveaway. I received a paperback copy.
