



Will It Make the Boat Go Faster?: Olympic-Winning Strategies for Everyday Success

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This motivational and autobiographical book tells the story of an ordinary person in an ordinary team who achieved something pretty extraordinary.

Will It Make the Boat Go Faster?: Olympic-Winning Strategies for Everyday Success Details

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Author : Ben Hunt-Davis , Ben Hunt-Davis

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From Reader Review Will It Make the Boat Go Faster?: Olympic-Winning Strategies for Everyday Success for online ebook

David says

Enjoyable and interesting. As with all business books, there are a few rather obvious points made and, at times, it is a bit repetitive. However, Ben's story of finally achieving Olympic success is inspiring, particularly for the lessons the crew learned along the way.

After ten years in the team, he won his gold by a margin of 0.4 of a second, which is an amazing story in itself. The strategies employed to get there, which focus on great communication, good habits, constantly looking for small improvements and evaluating what is working, and judging risk against goals, are clear and simple to understand.

Thomas says

easy and fast read, not extraordinary.

Fumiko says

The author's online video (Ted talk?) I watched as part of my company's training summed up the message much more effectively. I think I got all I needed from that video.

Katya says

[http://iamnevergettingbuplished.wordp...](http://iamnevergettingbuplished.wordpress...)

The Book says

Loved this - combines a few things I love! Rowing, training, positive psychology, self help...brill!

Laura says

Loved the way book is laid out with each chapter split into two parts (experience and learning). The learnings are simple to remember and easy to put into practice / relate to your own life. Have bookmarked a lot of pages with great insights and ways of thinking - must-read!

Michael Corbett says

Ben Hunt's story is very well told and interesting, some of the chapters in between can be a bit more tedious.

Natasha says

Ben's descriptive accounts of his journey to Olympic gold bring the reader into the world of an athlete, with all its focus, passion and brilliance. As an ex-cox, I enjoyed reading about the team's training as well as the mental processes harnessed to achieve the team's goal. Harriet takes these insights and maps ways us mere mortals can apply them in our own lives. Although these sections can be slightly repetitive and, despite chapter conclusions, lack focus, they stimulate reflective thought at worst and could trigger a ground braking change in approach at best. These sections do get a little dull, though, so to maintain focus I suggest writing chapter notes on what YOU can take away from the advice provided. Ben's final account, in which he retells the 2000 Olympic victory, is thrilling and intensely emotional and by far the best part of the book. In conclusion, this was a very accessible self help book using interesting anecdotal insights to break up more practical advice which in itself was written concisely (mostly) and methodically. One for the bookshelf!

Andrew Griffiths says

I really enjoyed this book, but mostly for the story of Ben & co chasing down the gold medal. There are many useful takeaways from the book and overall I like how they structured the path to identifying what adds value and what doesn't. There's a slight over-use of some, at times, confusing/unexplained metaphors that didn't 100% make sense but it certainly left me with food for thought.

So overall - good read with some worthwhile practical take-aways, but it's not changed the way I'm going to work too much. The main thing that is going to stick with me is simply asking myself and those I work with - "will it make the boat go faster?"

Gemma says

Enjoyable at the end. Too much dull information in the middle for my liking. Lots of useful ideas on how to be successful, nothing very new. The author is coming to my work on Tuesday and I think the story given in person will be better than the book.

Lesbaxby says

This is an absolutely brilliant book. Useful for anyone who works in a team environment, or as a leader of people. So much resonates.

Pierre says

Whilst Hunt-Davis's story is an interesting one, unfortunately he's not very good at telling it. That said, this book is full of the kind of self-help tips for achieving your goals that have the happy balance between "why didn't I think of that" obvious and "I hadn't thought of it that way" insight.
