



Single-Minded

Lisa Daily

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Alex has planned and executed her life with laser focus since she first met her future husband at the play-doh table on the first day of kindergarten. They have a terrific life, a gorgeous house on the bay, and fantastic careers they love. There's only one problem: Alex's husband Michael is gay, a fact he neglected to mention in the 23 years since they first met.

Now, Alex's perfectly planned life has completely fallen apart, her biological clock is starting to feel like the timer on a nuclear device, and she finds herself drooling over her completely-dreamy-but-definitely-off-limits client, a star chef opening a hot new restaurant. Armed with dating guidance from her oddball collection of advisers including her gay ex-husband, a foul-mouthed political consultant, a perkily masochistic yogi, and a pot-smoking octogenarian Alex navigates the booby-trapped world of modern dating, in her search for a second chance at love.

Single-Minded Details

Date : Published June 27th 2017 by Thomas Dunne Books

ISBN : 9781250060440

Author : Lisa Daily

Format : Hardcover 304 pages

Genre : Womens Fiction, Chick Lit, Romance, Fiction, Contemporary

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From Reader Review Single-Minded for online ebook

Nina says

I won this book through Goodreads! This is another book that jumped the queue. The premise of this book seems unlikely, yet this author made it work - beautifully! I never laughed so hard while reading! It was so funny and yet sad sometimes. The whole concept of an LGBT divorce party where the divorced spouses and their friends celebrate, was hard to get my mind around, but the believable characters made the story work. I loved this book!

Abby Fabiaschi says

Fun summer book! Refreshing.

Sam (Clues and Reviews) says

When I came across Single-Minded by Lisa Daily I knew immediately it would be added to my list of summer reads. I am always on the hunt for a solid palette cleanser that breaks the mold from a traditional chick-lit novel.

An incredibly type A, overachiever type, Alex, has planned and executed her life since she met her future husband on the first day of kindergarten. There is only one problem. Alex's husband, Michael, is gay and he didn't mention that in the 23 years since they first met. Now, Alex finds her perfectly planned and balanced life falling apart. Out of practice and unsure what to do, she turns to her girlfriends and her now ex-husband for dating advice. Alex is forced to navigate the modern dating scene and try to find a second chance at love.

I loved the writing style of Daily. I found her prose to be engaging and I easily read this book in a single sitting! Lots of humorous moments and pop culture references kept it light and beach read appropriate. There were several laugh out loud moments.

The plot of the book was a little bit different than what I originally thought it would be. I figured maybe she would be trying to figure out how to live her life on her own, depend on some sassy girlfriends for kooky dating advice and then run into a love interest. However, I was actually surprised when she jumped back into the dating scene right away and decided to follow all the ridiculous dating advice to sleep with as many men as possible to accomplish the "Naughty Nine" (which is the magic number her friends believe will make her a more "well rounded" lover). I think I may have loved the book more if she had done her own thing and then met her love interest.

Either way, I think this one is a perfect beach read!

Kim says

won from www.bookstr.com got in mail this morning

Lara Lillibridge says

This book is seriously laugh out loud funny—at least to someone who has dated a poorly as I have! It's a charming romance and a perfect summer read!

Debbie says

Single Minded
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Daily's latest novel is a rare find, a feel good rom-com page-turner that's out of this world real, real funny, real heartfelt and real amazing. Her laugh out loud witty narrative softens the blows of her at times sober plotline and her promotion of the Sarasota sights and sounds will make readers want to book a flight. Her costars, from her octogenarian pot loving retired circus performer to her star's hilarious yet loyal besties, are awesome and her introduction to environmental psychology 101 is highly educational and absorbing but its her unsinkable, unforgettable, incredible star, Alex that rules every page of this can't put it down, keeper shelf bound, must read. Brava!

SUMMARY:

Dr. Alex (Alexandra) Wiggins was so busy living her carefully (control freak) planned “perfect” life, being a successful environmental psychologist, married to an ESPN sportscaster her lifelong love and BFF since Kindergarten, and getting ready for their 1.5 children that she totally missed the fact he also happened to be gay. That was until the scandal of him and an up and coming basketball star made national headlines and worse after his fall from grace was made public was the fact that apparently she was the only one of her family and friends who wasn’t aware of his sexual orientation. So she turns to her two best girlfriends, a political spin-doctor and a mercurial yoga studio owner plus her (okay sue her, but he does know her best) ex for help. But can they really help a thirty-one year old gay-husband virgin whose clock is ticking on her dying ovaries have it all? Is she too old to find someone to love her? And more importantly can she ever trust her judgment (because she’s obviously got no gay-dar) in men?

Bibi says

“But you’ll never get a new ending if you keep starting with the same tired beginning.”

Imbued with humour, spiced with burning hot cajun romance, Single-Minded is skillfully written by an author well versed on the vagaries of life, love, and relationships.

Lisa Daily brings her expertise as a life coach to this story about a woman-Alex- who suddenly finds herself in the middle of a snowball of infidelity and divorce, alongside the perplexing dating atmosphere she never imagined would become her life.

As we follow Alex post-divorce through tears, laughter, and the odd tantric sex yogi, Daily illuminates the difficulties and curveballs that are prevalent in online and real life dating.

Friendships, love and laughter; these intangibles are what makes Single-Minded a must read for anyone looking for a smart and entertaining summer read.

Wendy says

Received as goodreads giveaway.

Tiffany says

Unbelievably funny!

HOWEVER,

I can't say that after 10 years of marriage to my husband I'd be so quick to be his best friend after finding out that he's been gay this whole time!!! I mean really? Is that even realistic?! I don't know any women in her right mind would still be best buds with their ex after 5 months of separation after finding out that he cheated on her with another man! That the last 10 years years were all a lie and a waste of time! Maybe 2 years of processing it and letting go I could forgive and MAYBE be friends but not 5 months. Not buying that.

But this book had me laughing through out the whole 342 pages. From finding out her husband is gay, to all of her funky,(the date where she goes out with a older man dressed in a costume),/weird,(a 21 year old college quarterback her Ex husband Michael sets her up with who is obese with video games /sexy, (the sexy handy man Nate who is gorgeous and good with his hands) dates, to her happy ending at the end.

Definitely a good read!

Ema says

Daily is a splendid writer and my heart was in my throat through many of the scenes of this book. I think at heart this book stood out to me as a romance, though it did also address issues of self-worth and how one can view and value themselves as the world around them changes.

I can relate to Alex in how driven she is and in how she plans for things to go in a certain way so that she can

meet success. I definitely would have liked to have seen more about her business--the scenes were she had events that could make or break it were really interesting and I was fascinated by her job as an environmental psychologist and wanted to learn more.

I loved seeing her entering the world of dating. I generally enjoy this, but it was especially great as she was a very put together character who just simply had never really been on a date in her life and because of that, there were many pitfalls that she had to work with throughout.

Her first "Tinder"-esque dates especially were intriguing, and I was curious about her friend's idea of needing to date a certain number of people of certain types before being able to marry. The "fish" especially resonated with me--that most people will have one person that is perfect in many ways, but there's something that just makes the relationship incompatible.

I felt like several scenes were sped through and could have used more detail to build up suspense and to really put me in the scene. I also wish there had been more resolution about a certain intriguing portrait.

This is a lovely women's fiction novel that I found to have quite a satisfying romance. I recommend it as a light read.

I received a free copy of this book in exchange for an honest review.

Amy says

All of my reviews can be found on www.novelgossip.com

Poor Alex, I warmed to her character right away, how could you not?! She just found out her husband is gay and her entire world has crumbled. After the initial few chapters detailing their breakup, things fast forward to five months later which was a decision that I really liked. Instead of outlining Alex moping about and eating ice cream straight from the carton for weeks, you catch up with her again after she's started the healing process. Her two best friends are insisting that she gets back to dating, especially since she's only slept with one man before. Since he's gay, they determine it doesn't really count and implore her to lose her gay husband virginity. How? Online dating. Thankfully, I was married well before dating apps were a thing because I've heard some horror stories about them, but living vicariously through Alex was hugely entertaining. Some of the men she meets were a walking nightmare! Fun to witness for sure, but it made me extremely grateful for my husband.

Daily is a great writer, her prose is smooth and light and infused with so much humor. There were countless scenes that made me giggle and plenty of conversations that had me in stitches. The characters were realistic and relatable and Alex is the type of friend I would want to have in real life. There was a sweet romance and I so badly wanted Alex to find happiness with a man worthy of all she has to offer. This is an ideal book to pick up this summer, super light and easy going but with enough heart and substance to keep you engrossed.

Kristen says

Single-Minded is about a woman (Alex) who thought her life was successfully on track until she finds out that her husband is gay. Alex has no choice but to divorce her gay husband and find a new life for herself. Since her (former) husband is the only man she has ever been with, Alex's friends step in to help Alex find the Naughty Nine- or just 9 guys to sleep with in order to help her find mister right. Alex takes on a new client and helps to design one of the hottest restaurants in Sarasota, but what begins as a professional client relationship quickly turns into a steamy romantic one that Alex can't ignore.

Taking her readers through a whirl wind of emotions, Lisa Daily does an amazing job putting her readers right there in the story. The openness and ease of conversation as well as the relationship dynamics amongst characters makes for an easy and engrossing read.

Book was received via Goodreads Giveaway in exchange for an honest review: Overall 5 Stars

Karlita | Tale Out Loud says

“Has it ever occurred to you that you’re so afraid of being hurt by love that you’re willing to sacrifice everything amazing that comes along with it?”

Finding the truth about her husband — her best friend of 23 years, Alex's life has drastically change with the lie she never knew existed. Now that it is out in the open (*too bad she have to know the news through Fox Sports*), she doubted everything that has happen between her and Michael. Being so terrified of getting hurt again, the betrayal gave her the instinct of not giving up her trust too easily.

Drowning her life's sorrows, Alex's *post-divorce* got herself in to the crazy, ludicrous life of online dating. With her two best friends and her ex-husband giving the best advice of a lifetime to sleep with men and accomplish her “**Naughty Nine**”, will she ever feel love again and get the validation she's actually hoping for?

sin·gle-mind·ed

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adjective

: having only one purpose, goal, or interest

: focused on one thing

This story is a shout-out to everyone who experience the painful process of divorce and a hard, long recovery from infidelity or how will someone be able to get back their life in to the game and groove along to the music of change.

Lisa Daily shows in this story how to channel your focus on one single thing — **forgiveness**. She gave a great representation on how it is through her main character, Alex. She got hurt, felt betrayed but Daily made sure love will still prevail no matter how painful it was between Alex and Michael.

I love Alex the most on how she handle everything and how strong she was to be in control even if it takes a long time for her to moved on with her life. The relationship of Alex and Michael post-divorce, was

admirable. Yeah! He denied Alex the life she wanted but they were best friends after all! And even Alex didn't want to admit, he still matters and she loved him deeply.

“But you'll never get a new ending if you keep starting with the same tired beginning.”

Upon reading it, I know how Alex changed and opened her heart again to the possibility of falling in love again. And there comes Daniel Boudreaux, a semi-famous, handsome and charming chef who's opening his new restaurant in Sarasota with the help of yours truly, Alex. She knew, he was an off-limits client. But what started a professional relationship turns into something romantic. The kind that will sweep you up on your feet and give you unsurmountable butterflies on your stomach like your heart is beating out of your chest.

Single-minded is a story of second chances, friendship and love — how in our deepest fall, we stand and get back again.

*****Thank you NetGalley, St. Martin's Press, Thomas Dunne Books and especially to Lisa Daily for providing me an ARC in exchange for a fair and honest review!**

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Zuzana Tur?ová says

Milé plážové po?tení?ko. Hlavne nad tým príliš neduma? :)

ItaPixie says

This was a lovely and funny read.

I really liked how our heroine tried to go on with her life after the most shocking news that left her without her husband, her best friend. When she got divorced she finds pretty soon how difficult is to find a nice man who will be her forever love.

I've enjoyed to follow Alex during her journey towards her "fish", perfect man, through disastrous dates and awful guys until the end that left me with a big smile on my face.

Looking forward to reading more Lisa Daily stories.

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