



## **Mindless Body, Endless Soul 1**

*Amar J. Singh , Danvir Singh (With)*

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As human beings, we have an ultimate desire to understand the soul and its relationship to the physical world. Dr. Amar Singh relies on his experience as a physician and psychiatrist to explain the anatomy and physiology of consciousness and unconsciousness as it relates to the soul. While detailing why our consciousness, thoughts, and feelings have a neurological basis, Dr. Singh dissects all aspects of the soul including its history, definition, motivation, and related emotions. In addition to sharing personal stories and applicable references, Dr. Singh examines personality disorders, details electrical and electromagnetic assessments of the brain and the soul, and guides others through the six primary steps to attaining wisdom and spirituality that will help all of us live a happy life. *Mindless Body, Endless Soul* shares a medical professionals comprehensive examination of the soul and its relationship to the physical world. Dr. Singh has opened the door to understand on the basis of neuroscience and reality of life Udaya K. Shetty, MD Enjoy reading this significant contribution to our world and understanding of the soul. David Kammerer and Cindy Fernandez

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