



# Life's Too F\*\*\*ing Short: A Guide to Getting What You Want Out of Life Without Wasting Time, Effort or Money

*Janet Street-Porter*

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An indispensable guide for women to surviving in the 21st century. It shows how to combine work, relationships, friends, fashion, health, shopping, cooking, etc. without using up valuable time which could be spent enjoying yourself.

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# **From Reader Review Life's Too F\*\*\*ing Short: A Guide to Getting What You Want Out of Life Without Wasting Time, Effort or Money for online ebook**

## **Noelani says**

If you want to read a self help book geared toward women try "Women who run with the wolves" by Clarissa Pinkola Estes. Don't waste your time with this one.

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## **Cassie says**

This book is a fun read. Janet's humor is injected into each page. Each page has character and details to enhance the feel of the page. Like you're looking through a personal scrapbook. She makes some excellent points to ponder. While at other times her cynicism paints a picture of a very lonely life. Overall, you can tell she's quite a sassy lady with some keen insight she is sharing. Life is too f\*\*\*ing short, so take a read! It's an easy read and whether you enjoy her writing or not, her philosophy becomes quite clear. There are plenty of things of which we waste our time. Time to cut them loose!

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## **Jody says**

I picked this up on a whim at my favorite book haunt, the Salvation Army and it reminded me of a book I want to read called the "F#ck It Philosophy". It was a quick read and honestly could have been a magazine article really. While at times I thought it was funny, I couldn't relate to the whole world of personal stylists, decorators, etc..so I'm definitely the wrong demographic for this particular self help book. I understand the author is a well known 'larger than life' personality in Britain but I had no prior knowledge of her til I picked up the book. I needed brain candy this weekend though and it gave me that.

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## **Gabrijela Kermeci says**

This is a great book for motivation and confidence boosting, but it seemed like it was directed at a very specific group of people. For instance, when I picked up this book, I didn't know that it was so middle-age-women oriented. I thought it was a simple self help psychology book.

Now I am a child free person myself, but I feel that while writing, JSP didn't take into account women with kids or women who don't earn that much as her. Or did I miss the point of the book by saying that?

She seems to be overly aggressive towards men too. My dad is the type of man JSP described in her book as very annoying, and to be honest, he is. But I won't recommend this book to my mom, I don't want her to say, "Life is to fucking short," and divorce my dad. Some people just can't do that; it's not so simple; life is more complicated than that.

I also feel like that she is somewhat biased toward workplace environment. All of her life she had to compete

with men as her line of work is male dominated. But I work as a nurse, which is a primarily women dominated field. I feel very comfortable there, so why should I be so aggressive towards my male coworkers? In my opinion that is just deepening the fault between the two genders.

And last, being a 21 year-old, her fashion advices don't really appeal to me.

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### **Rachel says**

A very entertaining read. I took it away with me to Madrid and it was good reading during siestas!

JSP is blunt and nearly always amusing when giving advice on living your life her style. I use the term 'advice' loosely as I think JSP would think you just need to "F\*\*\*\*\*ING DO IT - DO NOT THINK ABOUT IT. IT'S NOT OPTIONAL, YOU MORON."

I love the fact that she manages to swipe at a few former colleagues, fellow journalists and family along the way.

I'm looking forward to reading her follow up to *Baggage; Fallout* which is the next installment of her autobiography.

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### **Jenny says**

Never heard of her. A super quick fun read. All her opinion about things she's learned in 60+ years. I learned that my skin creams might stop working for me because my skin, like my hair, reacts to the same old same old and would like something new. Walk lots. Find a dressmaker/tailor. Use the personal shopping services of a good department store.

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### **Nadine says**

JSP writes exactly as she speaks, very witty and opinionated. Sometimes you do wonder if she actually comes from the same planet, she forgets some people can't actually afford to shop at farmer's markets, nice if you can but it is a privilege that not everyone actually gets to experience - if you live alone or with 1 other person though then it is cheaper than the supermarket, it's only if you have a family to provide for that it gets prohibitive for most people. Don't always agree with what she says but she doesn't expect that. Very funny that she doesn't believe in following rules but the book is all about just that - following her set of rules. She's actually quite good at it despite the impression she gives out, but she's worked long and hard to be able to live by them and hasn't deviated from what she believes and I think that is the true message of the book - find what works for you and go for it.

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### **Alison says**

I like people with opinions, and even though I disagreed with many of JSP's, I still enjoyed this book. She stresses striving for independence, individuality, and self-respect, and ironically, for someone who makes a

living in the media, not believing the hype of media - and that I can agree with wholeheartedly.

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### **Sylvia says**

This book has a few good recipes. i suggest reading it in stages - as the whole life's too effing short gets a bit too effing much after a while.... all in all i thought it was a good read. I purchased it because i thought it would be a humorous book, however it is a serious self help type of book... not exactly what i had in mind but oh well..

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### **Philippa says**

Sassy no-words-minced advice from a sassy woman! Read this many years ago but was inspired to read it again after seeing her on Celebrity Masterchef. Janet plays by her own rules and while I think perhaps you need to be a bit more flexible in life than she appears to be, I like her advice. She advocates setting your own agenda rather than being brainwashed by the media about what your life "should" look like.

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### **Vicky Ashwell says**

I can't say anything in this book was a revelation. I think JSP's target audience must have been shrinking violets with no ability to make an assertive decision or think for themselves. She does make some good points but on the whole it felt like she was shouting at me all the way through the book and I felt like I was constantly being patronised. JSP has some very strong views, many of which I disagree with but you had the feeling that she is the type of person who believes she is always right and everyone else is stupid. Amazed I finished it to be honest!

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### **Manasee Narvilkar says**

Life's too f\*\*\*ing short to spend time on this book.

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### **Veerlez says**

Wat een boek, de eerste zin is dat JSP (wie?) in de kracht van positiviteit geloofd en vervolgens is bijna elke zin negatief. Ze commandeert ons lezers met wat we allemaal niet zouden moeten doen in plaats van richtlijnen die wel helpen. In het eerste hoofdstuk noemde ze al dat je relaties niet te diep moest laten gaan, omdat je er dan gekwetst uit zal komen. Dat is niet hoe ik wil leven. Toch heeft ze met sommige dingen wel gelijk, maar sta ik gewoon niet achter de manier van verwoorden. De vormgeving van dit boek is overigens geweldig! Veel kleur en overzichtelijke tekst vakken!

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### **Sharon says**

A funny little book covering almost everything in life from friends to furniture to food. It's a bit like an extended magazine article - easy to read, slightly inspiring at the time but you soon forget it all afterwards! It's comical in places and JSP is so opinionated - it's not a self help book - she is telling you what to do OR ELSE!!

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### **Viv says**

Like her or loathe her, JSP knows about food and cookery. A humourous, light-hearted serious book about life, the universe, the rip-off that is face cream and everything connected with being a woman, JSP-style. I don't suppose even she expects you to hang on to her every word, and I didn't, especially the bit about making up school qualifications on your CV. Know where she is coming from, tho. Worth a look. They've got it in GOMA Glasgow.

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