



## **Leadership Coaching: The Disciplines, Skills, and Heart of a Christian Coach**

*Tony Stoltzfus*

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# Leadership Coaching: The Disciplines, Skills, and Heart of a Christian Coach

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## **Leadership Coaching: The Disciplines, Skills, and Heart of a Christian Coach** Tony Stoltzfus

Leadership Coaching is an essential tool for anyone who wants to learn to coach or improve their coaching skills. Written by a top Christian coach trainer, it is filled with real-life stories, practical tools and application exercises that bring coaching techniques to life. Part I is an in-depth look at how coaching fits with the purposes of God. Starting with key biblical concepts about how God builds leaders, this book goes beyond proof-texting to present an integrated, values-based paradigm for leadership coaching. Part II uses a hands-on, interactive approach to show you how to coach. Utilizing the seven key elements of effective coaching as a framework, each facet of the coaching relationship is explained in detail. Then follow-up Master Class sections help you internalize the key concepts and try them out in real life. Leadership coaching is a great introduction to a powerful way of helping others grow.

## **Leadership Coaching: The Disciplines, Skills, and Heart of a Christian Coach Details**

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## **From Reader Review Leadership Coaching: The Disciplines, Skills, and Heart of a Christian Coach for online ebook**

### **Cassandra Noelle says**

This book has revolutionized the way that I view all my relationships; coaching, counseling, friendships, etc. Certainly gave me a lot of ideas and I plan on practicing and implementing the things that I've learned. This will be one of those books that I keep close-at-hand always for easy reference.

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### **Jaketha says**

Here's an excerpt:

*God initiates change* in our lives - He has a personalized change agenda for us and is always speaking and arranging circumstances to bring it to our attention.... The Holy Spirit is pretty skilled [too] at getting our attention.... In coaching, we say:

*Change is more a function of motivation than information.*

Prioritizing motivation over information makes an enormous difference in how we do one-on-one ministry.... When we believe the most important factor in change is motivation, we ask questions and encourage people to come up with their own solutions, because we know that buy-in and motivation are highest for steps that we develop and choose on our own. That's why the coaching approach of listening and asking questions is more effective at fostering change than the advice-giving approach. Coaching prioritizes buy-in and motivation over giving people the right solution.(p. 15)

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### **Jon Port says**

Awesome approach in believing others are capable of solving their own problems. Coaching is a goal oriented, coachee focused, and relationship based method to using listening and question asking to help others form action plans and reach their goals. The ideas are the coachee's, unlike other uses of the word "coaching" that are floating around...which I call "coaxing", not "coaching." I have something underlined or earmarked on every page.

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### **John Rossitto says**

I found this book of great benefit to my own life. It offered new scriptural insight in a number of passages. Tony offers a broad range of training skills to learn and practice. He provides a very basic business model, encouraging the coach for further training and a level of professionalism in the form of certification. I will be rereading this so as to become more skilled and am referring it to church leaders and youth pastors I come in contact with. I highly recommend This book.

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### **Thea Smith says**

For any Jesus followers who are involved in or might like to be involved in coaching & inspiring others to, an absolute must have on your bookshelf. But only when you've read it, highlighted bits, written notes in the margins.

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### **Mary says**

Very insightful. I really appreciated the perspective.

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### **Richard Fitzgerald says**

This is an excellently written instruction manual for leadership coaching from a Christian perspective. The principles are clearly laid out. The examples are relevant and clearly explained. The exercises guide you through the understanding of how to actually coach.

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### **Trish Johnson says**

LIFC 304 Leadership Coaching

#### **KEY**

"Being a transformation coach begins by being transformed."  
Leadership Coaching, The Disciplines, Skills, and Heart of a Christian Coach

" I've developed a training philosophy based on the idea of disciplines, skills and heart. While all three are needed for maximum effectiveness, the heart of a coach is the foundation." page 2

The three most important disciplines of believing in people are listening, asking questions, and keeping responsibiloity with the client. page 55

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### **Dkovlak says**

This is a very good book. There are lots of new concepts for coaching. This will definitely improve our coaching techniques as long as it is practiced and used. Old habits must be broken and new habits learned. The person who uses these techniques will definitely become a better Servant Leader.

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### **Jay Winters says**

Book Closing: I started reading this book as a follow up to a coaching seminar that I had been to, to keep some of the ideas that were presented at that seminar clear and in-focus for me. Essentially, that's the best way to use this book. Stoltzfus himself recognizes that leadership coaching is "like basketball" - and while a conceptual understanding of basketball might be helpful, the best learning is going to come on the court.

That said, the book does an excellent job of hitting those fundamentals and ideas in a way that isn't tiresome to someone who has already been through the training.

I recommend this book to anyone who has been to or is planning to go to some other training on the subject of "Leadership Coaching" or "Christian Coaching".

Book Opening: I recently attended the Florida-Georgia District Coaching Clinic and this book came along with the seminar. I really enjoyed some of the ideas about "coaching" as opposed to leadership styles that have more to do with "management" or even "counseling". No tool is perfect, and coaching has some weaknesses as well, but the strengths I found have been useful in several scenarios. So I'm getting deeper by reading the book.

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### **Peter Twele says**

Ok, I only got to page 40 and decided I had read enough. He covers the material, but Stoltzfus' writing style just didn't captivate me ... far too repetitive, and not engaging. There are other books on this topic which are much better written.

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### **Christine Wingate says**

This was an excellent introduction to life coaching. Even for those who don't particularly want to be a formal life coach, the underlying principles are ones that can transform even everyday conversations. I especially enjoyed the author's detailed explanation of good listening, questioning, and goal-setting strategies, and I found myself applying some of those strategies in conversation even before I'd finished the book. The book itself is engaging and relatively easy to read, with plenty of examples and practice exercises scattered throughout.

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### **Cheryl says**

The absolute best book on Christian life coaching I've read so far!!! I LOVE this book. For a full review, please visit my blog Leadership Coaching book review

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**Tony Stoltzfus says**

Actually, I wrote this book!

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**Jonathan Wylie says**

This book is very detailed. I am thankful that I read it. Not that I think I will ever become a coach but because it has great advice on asking good questions. I enjoy talking to people but I realize my problem now. I talk to much about myself and do not listen to others well. I am going to use this book as a resource over the next two months to start learning how to ask people better questions and then train my heart to care about their answer and not just think about the next question.

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