



How to Survive Mercury Retrograde: And Venus & Mars, Too

Bernie Ashman

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Prepare yourself for the retrograde cycles of Mercury, Venus, and Mars. Join renowned astrologer Bernie Ashman as he shows you how to arm yourself with the knowledge to handle those areas of life that will most likely be affected by a retrograde planet. Discover how to avoid negative tendencies or thoughts during a retrograde period and very importantly how to take advantage of the opportunities offered by retrograde planets. This book will help you make better choices about relationships, communication, and business matters during a retrograde cycle. Praise: "Mr. Ashman shares what to look out for and many tips for navigating these phases in ways that can actually help us, and his extensive knowledge and expertise with astrology are clearly on display. I heartily recommend this book!"--Diane Brandon, author of Dream Interpretation for Beginners, Intuition for Beginners and Invisible Blueprints "A welcome and much-needed antidote to the retrograde anxiety."--Kevin B. Burk, Headmaster of The Real Astrology Academy and author of Principles of Practical Natal Astrology

How to Survive Mercury Retrograde: And Venus & Mars, Too Details

Date : Published February 8th 2016 by Llewellyn Publications

ISBN : 9780738745176

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Format : Paperback 240 pages

Genre : Esoterica, Astrology, Nonfiction, Witchcraft



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From Reader Review How to Survive Mercury Retrograde: And Venus & Mars, Too for online ebook

Lucie Paris says

Easy to understand.

With all the talk about the Mercury Retrograde for the past weeks, I was wondering what all the fuss was about.

Since people were blaming the planet, going backward, for everything going wrong in their life, I was getting curious.

Bernie Ashman was able to provide easy answers and explanations about how Mercure will affect the zodiac signs. The author also gives tips for finding positive aspects to the planets like Venus and Mars as well as Mercure when they are retrograde.

Good News...Today is the last day of the 3 weeks period where Mercure was playing with our nerves. Meaning tomorrow Mercure will go direct again and we will have less trouble in our communication and plans.

A good read if you are into astrology as well as if you want to know more about your mood changes during the year.

Lucie

<http://newbooksonmyselfs.blogspot.fr...>

Meg Espozi says

I read the chapters about mercury retrograde since it's relevant. It's written like a 5th grader, beginning a lot of sentences with "So you see.." and "But on the other hand..". I'll pick this back up when venus and mars are relevant, I guess.

Breakaway Reviewers says

Lots of tips and advice on surviving retrograde planets.

I'm still a beginner in the study of astrology but know enough to realize how a retrograde planet might affect my daily life and it's for this reason that I was so excited to find this very useful book to help me understand how living can become more challenging when planets go retrograde, or when they return to direct.

The book is full of tips and advice on what can happen. How to avoid pitfalls and how to readjust when they resume their direct movement.

Whether we like it or not, astrology has been around for thousands of years. It is not some "airy fairy" way of life but a genuine phenomenon that affects each and every one of us, based on the complex and ever moving planets.

I think this book will help to answer many questions that astrologers raise. Thank you Bernie Ashman for taking the time to set out the whys and wherefores of this very complex subject.

Treebeard

Breakaway Reviewers received a copy of this book to review

Gloria says

A very useful book which deals with 3 planets - Mercury, Venus, and Mars - and how to survive their retrograde periods.

This is a book aimed at non-astrologers and the author does a very nice job of explaining the actions of the planets, both when direct and retrograde, in layperson's language. He explains how your sun sign element is affected by each retrograde planet and then gives survival tips for getting through the retrograde of each.

I liked that the tips were very positive and not filled with doom and gloom. They were also very practical with suggestions of how to protect yourself when forced to take action that would normally be contraindicated by the retrograde.

The last part of the book was a Q & A that really did focus on questions that people are likely to have about the subject.

Korie Brown says

Very very general.

Damaskcat says

The times when mercury, and venus and mars, appear to be travelling backwards in the heavens are thought by tradition astrologers to cause problems for people in the physical world. Communications are delayed or lost in the post, things go wrong with relationships and it is an inauspicious time to start new projects.

This book offers a different slant on the problem. Maybe it is possible to make use of these retrograde

periods to take more care with things you are doing, to try not to fly off the handle with your nearest and dearest and to take stock of your plans to make sure they contain as few opportunities for things to go wrong as possible.

I found this an easy to read and thought provoking look at a phenomenon I have always taken for granted as being negative in its effects. The book may make you think again and explore ways of using retrograde transits to firm up your plans and deal with the details; to examine your relationships to see where they can be improved and to make sure as far as is possible that you take a belt and braces approach to important communications during the retrograde periods of mercury.

This book will be of interest to all astrologers and may cause some at least to reconsider their thinking around the retrograde periods of these three planets. I received a free copy of this book from NetGalley for review.

Paula says

I reviewed this book for NetGalley.

I really like Mr. Ashman's approach to astrology. Back in the day, I read a lot of astrological works, many of them either too geared toward pop psychology, or too serious and fatalistic. This is especially true of books dealing with retrograde planets. Mr. Ashman has a supportive, positive approach - let's make lemons out of lemonade- supported with a vast and extensive repertoire of astrological knowledge and experience.

This is a great book for the amateur astrologer or a beginner on the career path of astrology. I really like authors who explain things in a friendly, approachable way. Mr. Ashman is your friend and guide.

A really good read!
