



# The Amazing Story Of The Fabulous Medjool Date

*Marc E. Paulsen , Diane Paulsen Heberling (Editor)*

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**The Amazing Story Of The Fabulous Medjool Date** Marc E. Paulsen , Diane Paulsen Heberling (Editor)

Well-written book covering the history and cultivation of this most famous variety of date. Includes 100 Date recipes.

The Medjool date rates at the top in desirability The “Medjool” date is a charter member of this rarefied fraternity of high value by virtue of its amazing history of propagation from antiquity, its decidedly matchless qualities as a food product and the intense difficulty of its cultivation and processing. It is not simply a “date” but rather the “Royal Superior” of all dates! Growing Medjools is incredibly labor intensive Medjool date palm trees require ten to fifteen years to mature to maximum production. Thoughtful, careful and precise nurturing is demanded at every step along the way. Few are aware of the astonishing degree of human labor necessary to realize a successful crop of this very unusual and delectable fruit. Dedicated workers ascend into the treetops numerous times during each growing season to perform these difficult tasks: pruning, de-thorning, pollinating, fruit cluster thinning, fruit arm training, individual fruit bunch bagging to protect from birds, insects and weather and, finally, harvesting. The thinning process alone is exceedingly time consuming. Working at top speed, one man can thin only six palm trees a day. There are numerous other necessary jobs below the spreading palms such as irrigating, field leveling, tilling, fertilizing, equipment manufacture and repair and even the trapping of root-eating rodents. Buy the book at: <http://visibilityunlimitedpress.com/>

## The Amazing Story Of The Fabulous Medjool Date Details

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# **From Reader Review The Amazing Story Of The Fabulous Medjool Date for online ebook**

## **Carol says**

It is difficult to tell you anything about The Fabulous Medjool Date by Marc C. Paulsen without telling you everything! The author has extravagant praise for a particular variety of date but I know that he is right. I ate this date on long trips to Indio, California and bought them in a grocery store in Loma Linda, California. It is large, plump and bursting with flavor. If you haven't eaten a Medjool date you won't know what I am talking about. It spoiled me for all other varieties.

When I saw that a whole book had been written about this date, I had to read it. Mr. Paulsen loads this book with history of the Medjool. Did you know that dates have been cultivated by man for 6,000 years? But the Medjool was facing extinction because of nasty disease, Baioudh. There is a fascinating tale of Morocco contacting the United States Department of Agriculture for help. It is very tempting to tell you much more of the story but I am going to restrain myself!

Besides the history, details of the labor intensive cultivation of this date are covered. Richly illustrated this book also answers these questions:

1. Where do the baby date trees spring from?
2. What protective armor does the date tree have?
3. What rodent can do tremendous damage to date trees?
4. What is the best way to store dates?

In addition to all this information, there are 100 recipes for dates in the pack of the book. I really enjoyed learning about this variety of date. Thank you, Mr. Paulsen for writing this book.

I highly recommend this book to anyone who loves dates and loves learning.

I received this ARC of The Fabulous Medjool Date from FirstReads but that in no way influenced my thoughts or feelings in my review.

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## **Michelle says**

I am reviewing a copy that I won through a Goodreads giveaway.

It is clear that Mr. Paulsen is writing on a topic that he is very interested in. His passion comes through in the text. And the story he has to tell about the Medjool Date and how it came to be grown in the United States is fascinating.

Where the book falls short, though, is in its cultural myopathy. Mr. Paulsen has a lot to say about the Western scientists who helped save the date from extinction after disease struck in its native Morocco. And truly, their work is to be commended. But he has significantly less to say about the role of the Moroccan

specialists' role in saving the trees, and really doesn't discuss other successful efforts to safeguard the plants in other parts of the Middle East, such as the one which led to Medjool date farms in the Jordan valley. A reader would be forgiven if after reading the book they thought that Southern California was the sole reason that Medjool dates exist today. I would have liked to see more rigorous research on the history.

That said, the story of the Native American role in helping establish dates here in the United States was fascinating, as was a section on the difficulty and effort required to grow and harvest dates commercially. I will no longer grumble over the price of dates when I buy them in the store.

Approximately half of the book is taken up with recipes. Many look delicious, but as dates are very expensive where I live and are eaten promptly when we splurge on them, I have not tried them.

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### **Philip Parker says**

I bought this as a Mother's Day gift along with a two pound box of dates. I was glancing at the book and found it so interesting I read it on the plane. I really like all the detail and pictures that explain the entire process that go into harvesting Medjool dates. After reading the book it gave me a new appreciation for all the hard work that goes into making this delicious food.

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### **Sheryl says**

I signed up to win this book partly because my late father-in-law loved dates and told of fond memories he had of his grandmother's date loaf. For the entire 28 years he lived after our marriage, I looked for such a recipe. Unfortunately, I never got to make him either of the recipes from a cookbook printed so long ago that the directions read, "bake in a medium oven".

The second reason I entered is a curious experience I had with date trees growing at the entrance to a subdivision on my way home from work. The first year I noticed them, there were dates littering the ground underneath. I stopped by on a Casual Friday when I had on jeans and picked an entire basketful of lovely dates for our house. They were eagerly consumed. The following year, I noted with excitement the yellow fronds of pollen in May. I watched carefully for the developing fruit to show. It did not. I thought that perhaps the people in the subdivision had instructed the lawn company to pick up the fallen dates or prune them from the trees. The puzzling thing was that there was never even a single date on the ground. Nobody is that good.

This book has totally solved the above mystery. After reading about the difficult job of pollinating and caring for Medjool dates, I realize that the year I got so many dates was a one-off. The conditions for pollination must have been just right. So, I am currently trying to think of a person I can con into helping me with the task so that I can buy two (one male, one female) Medjool palms of my own. For anyone interested in exotic horticulture or for those who are just curious about everything, this is a wonderful read.

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