



## 365 Science of Mind: A Year of Daily Wisdom from Ernest Holmes

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This newly repackaged edition of one of Tarcher's bestselling Holmes backlist titles contains wisdom designed to help each reader experience the Science of Mind philosophy day by day.

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I've read this book through for a few years now - love it!

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### **Rick says**

A very good and easy-to-understand primer on basic Buddhist principles.

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### **Elizabeth Olson says**

Thoughtful, shift-provoking readings for each day of the year, drawing from sacred texts through time and across the world's traditions, synthesized and expanded on by a New Thought master thinker.

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### **Jan says**

The daily meditations keep me grounded.

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