



Seth, Dreams and Projections Of Consciousness

Jane Roberts , Seth (Spirit)

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An incredibly exciting book, which provides essential instructions and information for those interested in working with Dreams and Out of Body Experiences. This book was originally written as a sequel to the Seth Material, and is considered by many to be one of the most advanced and knowledgeable works in the area. Includes techniques for recalling dreams, becoming conscious in the dream state, and inducing Out-of-Body Experiences

Seth, Dreams and Projections Of Consciousness Details

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From Reader Review Seth, Dreams and Projections Of Consciousness for online ebook

Anita says

A very illuminating read. This is one of several books by 'Seth', an 'otherworldly entity', who channels through a woman named Jane Roberts. Many of my own esoteric experiences over the last decade have been explained and confirmed here. However, not all of the channeled information is present in the book (though the author does explain in layman's terms), so, unlike the author who has access and benefit to understanding them in a more complete manner, a casual reader may have trouble following along the seemingly disjointed information, because it presupposes that the reader has some basic understanding of the mechanics of how the inner consciousness works. I, too, would have preferred a more in-depth and lengthy exploration of the matter. A good read for me, nonetheless.

Mike S says

I liked this book a lot, it's a mix of Seth quotes and Jane's experiments and thoughts. This helps fill in the picture if you've read nothing but Seth quotes, showing you what Jane and Robert are like and how curious and courageous they were, not to mention how much work did documenting their many Seth sessions, classes, and experiments. This book has so much fascinating material I will most definitely read it again once I've read through all of the Seth books I have at least once. I just love these books, they give me a sense of awe and adventure and I always feel more positive after reading their material.

Nell Grey says

Jane's narrative is interesting in that one gains a good feeling for her character, which comes across as honest and straightforward. Her 'voice' and language are quite different from Seth's, and her ideas, when expressed, so much simpler and easier to understand than his.

Jane's dream experiences were fascinating, but I found the long section dictated by Seth on probable/possible realities convoluted and (dare I say it?) tiresome (in the literal sense of the word), and decided that if it were true our brains are (probably...!) not equipped to cope with such a concept. There should possibly be a mental health warning on the cover, especially bearing in mind the experiments with Out of Body Experiences.

I read this book mostly for the section that deals with lucid dreaming and Out of Body Experiences, which comes at the end of the book and takes up about 70 pages out of 380.

The early stages of dream work instruction consist of waking frequently to record dreams, and one would have to be committed to losing sleep - almost certainly much-needed for someone with children, a responsible job, and/or lots to do during the day. Jane said that she managed this for periods of a week or more, but needed breaks of undisturbed sleep in between.

I'm glad I read this book, but I'm not in any hurry to pick up another, and I still have an earlier Seth book to

finish.

Peter says

Re-reading.

Ralphe Wiggins says

A vast improvement over most Seth books that are littered with the notes about what Jane and ? are going through day to day. Very Informative.

Marlon says

This is highly useful but keep in mind it has actually been edited down somewhat, so the actual longer more in-depth discussions are in the other books.

Kelly Enck says

“Altering the state of the psyche automatically alters the physical circumstances. There is no other valid way of changing physical events.”

I am very grateful to Jane Rob and Seth for helping me to explore consciousness. In a thousand years the few of us reading and practicing the lessons in this book will be thought of as the "first explorers" of the unknown realities. I have been waking up in my dreams and writing them down and some of them have been "clear" signs of great things coming in life. This book is like a "Dream Training" class. I could write forever, but I am working on my own book on the subject and "referencing Seth" as my instructor. If you are interested in following along you can read my blog, which is the same name as the book I am working on, "Michael's Quantum City" by Kelly Granite Enck Here's the link: <http://happy-firewalker.blogspot.com/...>

Sylvia says

A very good read, helpful and informative (a guide) on the subject.

Lydia says

Excellent
