



Creative Sprint: Six 30-Day Challenges to Jumpstart Your Creativity

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Creative Sprint is a workbook featuring six 30-day sprints full of prompts to get you drawing, journaling, taking photos, making collages; anything creative that you choose to do!

Challenge yourself to a new type of exercise with *Creative Sprint*! This interactive workbook is filled with **30-day challenges designed to build your creative muscles**. Follow along with prompts to get you drawing, journaling, taking photos, and making collages - doing anything creative that you choose to do!

Each sprint comes with a theme, like Think Small, Work with the Unexpected, and Embrace Limitations. Throughout the book you'll find features focused on fellow sprinters, as well as inspirational quotes. Best of all, each sprint ends with a **recap that encourages reflection**.

How you use the book is up to you! Complete sprint after sprint, channeling your creativity into new challenges. Or pick up the book every couple of months if you feel like you need a jolt of motivation!

Creative Sprint: Six 30-Day Challenges to Jumpstart Your Creativity Details

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From Reader Review Creative Sprint: Six 30-Day Challenges to Jumpstart Your Creativity for online ebook

Debbi Mack says

The Creative Sprint challenges you to try new things. In that way it gives you new perspectives and enhances your abilities.

See my review here: <http://www.debbimack.com/blog/2017/07...>
