



I Am Girl Power

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Cardiac nurse Megan Bailey has it all. Until she doesn't.

Thanks to a string of horrible relationships, an unexpected turn in her career, and mounting credit card bills, Megan Bailey escapes to Adventura Summer Camp to work as camp chef.

Instead of a relaxing summer in the trees, she faces a persnickety oven and squirrels in the kitchen. With the help of her twin brothers and a quiet, blue-eyed camp ranger named Justin, Megan will have to navigate the treacherous waters of her greatest fear: her parents possible divorce.

I Am Girl Power is the second book in the quirky new Health and Happiness Society series. Join Megan as she experiences heartbreak, laughter, and the frightening winds of change.

I Am Girl Power Details

Date : Published 2016 by THHS Publishing

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Author : Katie Cross

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From Reader Review I Am Girl Power for online ebook

Kelsey Keating says

Megan is one of those characters that, to the people around her, seems like she has it all together. Nothing can phase her. She is girl power, hear her roar.

But the best part of Megan's story is that you get to know the girl behind the weight lifting, behind the professional nurse, and behind the smirk of confidence. Megan is real. She's vulnerable and facing the worst time in her life.

Honestly, this book was a bit of a trigger for me because I could relate to soooo many of the things Megan goes through, and it hit a whole bunch of buttons and feels that I didn't expect, but I wouldn't change that for the world.

Megan's story is finding strength in weakness and being okay with yourself, growing and adapting. I'd recommend this to anyone - male or female - for a good women's fiction read.

Lorraine Joubert says

In Bon-Bons to Yoga pants, Megan was a strong, self-contained woman. Though it is later revealed that, like all of us, she has her own insecurities, I find myself in this book quite disappointed in her.

In this book, it seems she doesn't know the things she was preaching and living in the previous book. At least she wasn't all over Justin! I loved the way she allowed herself to build a relationship with him, without becoming a love-sick puppy.

As she is also friends with at least 2 people, who make food for groups of people, I am not sure why she did not have them on speed-dial and got some ideas and advice from them, before starting this project? In the previous book, she was feminine, but in this book, she seems to try to be a boy (cracking her neck)!

If I ignore the previous book, I did enjoy this book, though I want to kick Mark! Such selfishness! Also, how does one clean an oven, without realising there is a squirrel inside, or did she clean the whole kitchen, but not the oven - that after she was warned there may be a squirrel in there?

Sheryl says

First of all, I loved Megan! She's fabulous and one day I hope to be as bad-A as her. She's fearless, even though life isn't perfect and I love that about her. I'm also jealous she got to live in the mountains for a summer. It sounds truly magical, minus the kitchen of my nightmares. :)

My only disappointment was that Megan didn't even kiss Justin!! What?! How can you live next door to a super hot guy all summer long and not kiss? They both have some amazing self discipline.

Mei says

I read the first Health and Happiness Society book. So it was quite exciting to see the next one. They are all standalone books, but they other characters from other books do make a small appearance. This is quite exciting because I love the focus of the book is more about health and happiness, then a little romance. Romance is not the primary focus. If you are looking for romance, then you might have to find another book. I do love reading romance but despite the little romance, I still thoroughly enjoyed it. I honestly felt like anything that could go wrong did go through for Megan. Megan lost her boyfriend and her job. She ends up working for free as a chef for her twin brother's summer camp. She has a huge amount of credit card debt to pay off. When she gets to the summer camp, the kitchen is gross. The kitchen appliances don't necessarily work. She not used to cooking unhealthy foods. How is she going to last two and a half months there? This is definitely a coming-of-age book. I think everybody should give this a try. I do believe that health and happiness are vital aspects and I love how this is Megan's journey to that. Y'all need to read this book to see how her journey goes. Will she find her own health and happiness? I honestly love Megan as a character, sure there are moments where you want her to just tell everyone what is wrong. But ultimately I do think she is a strong, beautiful fighter. She is girl power.

I voluntarily read an advance reader copy of this book.

Ale Colunga says

Con este libro Katie Cross nos lleva con el mismo ritmo de lectura a traves de momentos importantes de la vida de Megan, a quién conocimos en Bon Bons to Yoga Pants.

Durante todo el libro nos alejamos de la Sociedad de la Salud y la Felicidad, y nos vamos con Megan a las montañas... donde creo que lo más relevante que ocurre es que se da cuenta de cuales son sus preoridades.

Me gustaría que Katie Cross le sacara más jugo a la historia y terminara de cerrar ciertos temas que a mi parecer quedan sin resolver y que al menos a mi me gustaría saber que sigue.

Katie Cross escribe de manera sencilla, dinámica y sin mayor complicación, lo que logra que puedas leer el libro en cuestión de días sin quebrarte la cabeza.

Kirstin Pulioff says

One of the powerful things about Ms. Cross as an author is that she takes the reality of life and puts it into a compelling story full of rich characters, new settings, and powerful personal growth. There's something special about "I am Girl Power." It's empowering without being annoying, it's sweet without being cloying, it hits all the right notes without feeling predictable. Bottom line: it's a must read.

Melena Torretta says

Even though she appeared in Bon Bons to Yoga Pants there was so much to Megan that we don't learn until this book.

I liked how she supported and encouraged Lexie, and am glad to see she is the protagonist in I Am Girl

Power.

Katie Cross again does a fantastic job of writing an interesting story of growing up and learning about what's important in life. I liked that a good amount of the book takes place at Camp Adventura. While it does mean the other Health and Happiness Society members don't appear as much, it makes sense for Megan to have a different path than Lexie.

It was great, too, to see a strong, hard working, and smart female protagonist. A part of her struggles were around relationships, but they weren't the focus of the book.

I definitely recommend this book for a fun summer read!

Thanks to Netgalley and the publisher for providing an ARC in exchange for an honest review.

Katherine Hayward says

This was the first book I'd read by Katie Cross. The cover and title caught my attention just as much as the synopsis. Very vivid characters and a great story of trying to start again after disappointments and challenges causing changes in life. I thought the first person point of view was definitely the best the author could have chosen, as the plot really lent itself to this POV. I felt immersed in the story from beginning to end.

Thanks very much to Katie Cross and her publisher for the chance to review the eARC of this book. I'm looking forward to reading other books by her.

Leani Gouws says

Fun, easy summer read.

I read this because of the summary and title and it enticed me to read Bon Bons to Yoga pants. Enjoyed the first person and the female protagonist.

Kelsey Langenfeld says

What's not to like about this? I absolutely love Megan and her journey of self-discovery after she loses sight of herself. She is strong, wonderful, relatable, and GIRL POWER. *Disclaimer* I was drooling over the food nearly the whole time I was reading this. Yum! I love all the recipes that are mentioned. Another great book by Katie Cross and I can't wait to read what's next in store for the Health and Happiness society.

Reshma says

I read Girl Power by Katie Cross. The story revolves around the character Megan. In Girl Power, Megan faces a slew of trials and tribulations that has left her life goals hanging by a thread. Megan is trying to gather her life before it all unravels while trying to solve other people's issues.

I enjoyed reading Girl Power. Megan was introduced in Bon Bons to Yoga Pants and I was under the impression that Megan has her stuff together. Yeah! Awesome! Nope. She is like the rest of us at one point or another in life. The best part of Girl Power is Megan's character. Katie Cross brings to life reality for some women out there. Single. Career minded. Family values. Work ethics. Independent. Also, she brings to life heartbreak and loss. This is about Megan coping in a healthy way, which is not always the case but that she tries.

Girl Power is a must read for anyone. We can see a small bit of ourselves in Megan. We can determine our life course even though it doesn't go the course as we wish but that in due time we can make it happen. Katie Cross did a wonderful job bringing to life all the characters that mirror things we see and live.

T says

Fun summer read with memorable characters. Also loved the moral of the story, and it's relatable to every woman looking for power within herself.

Julia Reader/Terri says

Another great read by Katie Cross

I read #1 then #3 and back tracked to read this 2nd book in the series. It still read just fine out of order, so don't miss a single book! I really liked Meg. Her brothers are laugh out loud funny and the sibling dynamic is great and real. KC paints the picture, whether it's scenery or family. It's like you're watching a movie.

Nati says

Megan's dreams are falling apart, his boyfriend Nathan is moving to New York and he broke with her, she just lost her work as a nurse and their parents are having a marriage crisis. So when her twin brothers Mark and JJ ask her to help them with Adventura, their summer camp as a chef, she say yes. She is going to face challenges, hard decisions and she will find happiness. The audiobook is awesome.

Emily Hill says

Quick easy fun read

This story was so enlightening. It was a quick read. Katie has a way of writing that draws you in very quickly and captures your attention immediately. The things that Megan deals with in this book I could relate to in some way or another. For a quick read this is your book. Love this book.
