



Self Destruct

K.D. Carrillo

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At twenty-years-old, Becca Scott thought she finally had her life under control...

With the help of the people around her, she was able to deal with her traumatic childhood and let go of the pain that haunted her every day. But one unexpected encounter at a lake house would stir up every dark emotion she worked so hard to forget.

There wasn't anyone Aiden Ryan hated more than himself...

Plagued with a life filled with manipulation and regret, he will try anything to ignore the guilt that eats him alive, even if it means more pain for him in the long run. It's not until he meets Becca that things start to change.

There's only one problem—he's stuck in a relationship he can't get out of with a woman he doesn't care about.

Love is complicated, but when two people have demons they refuse to face, love could destroy them. Together, Becca and Aiden try and let go of their painful pasts to be together.

But will their pasts let go of them?

Self Destruct Details

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Author : K.D. Carrillo

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From Reader Review Self Destruct for online ebook

Stephenee says

* I received an ARC of the book in exchange for an honest review. *

The story started out quick and continued with that pace throughout the entire story. I was amazed at how quickly time passed while I was reading it and couldn't believe that it seemed like I barely started and was already finished. A LOT of things happened throughout the plot, and I enjoyed them all. I really like being surprised with twists and turns throughout the story, I couldn't figure out what was going to be thrown at me next and that is a really big plus for me. There were lots of twists and turns, ups & downs, hot and steamy sex scenes and of course the family betrayal. You just couldn't decide what was going to happen next and I was honestly hooked from beginning to end. The characters were very well developed and the dialogue flowed smoothly and naturally. The storyline is really energetic and contains a snappy and realistic dialog between everyone.

You will find yourself hoping for friends like Becca, Aiden, Toni, Katie, Jeremy and Cameron. They are so instantly likable that you feel like you have always known them. Becca and Aiden are both trying to heal and move forward, and need each other. Plain and simple. You will want to scream as their friends and family betray them and you will be just as hooked, as I was and I completed it within a day!

It is most definitely worth the read, so add this to your TBR list and pick it up soon!! Just a warning though, once you pick it up and start reading it you may not want to stop so make sure you have a clear schedule for the day!! I loved the ending and the fact that it doesn't have to be the ending, that you can see more things to come in this series and I hope to see spin-offs on the friends, as they were awesome! I love this group of friends and want them for my own!

***Review has been done in conjunction with Nerd Girl Official.

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HeatherMMoreno says

This needs to be a movie!

Someone please make this a movie as soon as possible because this book was amazing, absolutely freaking amazing. KD I can't even imagine anyone else writing up this book after I met you in Boise. I cannot wait to read the other two installments thank you so much!

K.D. Carrillo says

I'm not going to review my own book, but I wanted to share a pic that represents a major theme of the book for me.

Elise Widrig says

A story about a girl trying to turn her life around and the man that fell in love with her. It is a happily ever after, however, this book is filled with so much suspense from one chapter to the next, even to the end. I didn't know what was going to happen from one minute to the next.

Sarah-Jane says

I really enjoyed this book. At first I thought. Ok a typical love story and hell I love the typical love story but this was actually filled with angst, worry, and painful revaluations. I really enjoyed my Saturday afternoon reading *Self Destruct* and let's face it that is the perfect title because from the beginning that is how Rebecca struck me! She was set to self destruct but will she bring Aiden and everyone she cares about down with her? Can Aiden keep her safe? Will they get the happy ending they deserve? Or will Aiden get the ending his mother had planned for him? A lifetime of misery and heartache!

4.5 flashing stars from me!!! Nothing bad for the loss if the half a star but I felt these characters actually went through TOO much! Okay people go through a lot but in the spam of the book a lot of drama and heartache was caused but the love these characters had shined through!! Personal opinion but please make your own opinion because this book is well worth the read!!

For my full review check out <http://abbycook30.wix.com/abbys-book-...>

Lydia H says

Blog Tour: <http://bit.ly/18ugyli>

4.5 Stars!!!

Self Destruct is book one in the Destroy Series. Here we're taken through Becca and Aiden's one hell of a journey. Trust me, this book is anything but boring! The plot is full of twists, turns, and secrets!!! I seriously did not see a lot of the twists coming, which was great because it kept me at the edge of my seat.

“I was on a path to self-destruct, but it was all I knew.”

Becca had a traumatizing past and a very bad coping mechanism. What she was doing to hide her pain, to make herself forget, was really only breaking her even more emotionally. Until she met Aiden.

“I've got you. If you fall I'll pick you up. If you break I'll hold you together. And if you need to cry, I'll lend you my shoulder.” – Aiden

Now, this guy made me swoon more times than I care to admit. Aiden was sexy, protective, alpha male-like, smart, and downright dreamy. I completely understood why Becca fell in love with him! *Who wouldn't?*

Okay, so anyway, ever since meeting, Aiden and Becca hit it off. They got together rather quickly and their relationship developed even quicker. This is something that ALL the characters talk about during the book. It's what worried Becca's friends (Toni and Kate) since they feared it was another one of Becca's coping mechanisms. But they were all wrong. Aiden and Becca might've had a lightning speed relationship, but their feelings were genuine and ran deep.

“Red, I’m not going to try and fix you, but I’ll help hold you together while you fix yourself. I need you to believe me when I tell you this, I’m not going anywhere.”

They were honestly, perfect for each other. Aiden too had a past, you see. One full of regret and guilt. Enter Vanessa, Aiden's ex-girlfriend and Aidan's Mom -- Satan's spawn. GRRR! I loathed them!! OMG! They were just so *mean, cruel and CRAZY!* Sheesh!! They definitely kept things interesting, though. That's for sure. Also, we had Nick, Aiden's "friend". I really, really disliked him, but I also felt bad for him. I'm not saying what he did is excusable because it sure as hell isn't, BUT, I don't know...I just felt bad for him. *I'm a sucker, I know.*

“You have made me feel like I’m living again and not just surviving.” – Aiden

A LOT of things happened throughout the plot, and I loved them all. I really like being surprised with twists in books, so this was a really big plus for me. I was honestly hooked from beginning to end. The characters were very well developed and the dialogue flowed smoothly, naturally. My only issue with this book was that sometimes I had to go back and re-read certain sentences to completely understand what was being said. This threw me off a few times, but I enjoyed the story so much, that it never even got close to it being a deal breaker. I just thought I'd mention it.

The ending was **fantastic!** Loved it!!! I was grinning like an idiot and my heart was extremely happy. I can't wait to see where this series will take us next. If you love a hot romance with an angst-driven plot full of little twists, then this is the book for you!

“You are everything I want, and everything I need.”

Shirin Rasheed says

I Was given a Copy in exchange of honest review.

Self Destruct is a story of Becca who is haunted by her past and all the horrible things she had to bear in her childhood. She thinks of herself Damaged, Broken and Unworthy of Love. She thinks that no guy is going to fall in Love with her with a Past Like her. But It's proven Wrong when Aiden enters her life. A Very Handsome and Sexy Man who is also Bearing the Burden of his Past. Together they find Deep, Passionate, forgiving and true Love. But is their Love is Enough to keep the Demons away?

It's the first book i have read of K.D. Carrillo and I loved it. I Would definitely Recommend this Book for

everyone.

Sara Callaway says

What a great love story...

I'm not usually a fan of super fast, fall in love stories but I loved this one... Some things are just meant to be no matter what other people think. The love between Aiden and Becca is felt and there's no denying it. Give this book a chance, I promise you won't be sorry.

TeriLyn says

****I received a copy from the author in exchange for an honest review****

2.5 - 3 Stars

The plot of Self Destruct is what held the book together for me. It was an interesting premise and story line. Aiden and Becca were a unique couple whose relationship progressed very quickly. The progression felt natural and I was right there with the characters and the feelings they had. However, the writing was very choppy and the dialogue at many times was hard to follow. I had to re-read so I could understand who was saying what. I appreciated the story and the depth of the plot.

Laura Brown says

DNF

Anke Zweel says

I was given a copy of Self Destruct in exchange for an honest review.

Going into this book, I truly did not know what to expect. And boy did Self Destruct exceed my wildest expectations. This book had me on the edge of the couch with my knees drawn up to my chest, trying to read fast enough so I can see what will happen next, I found myself racing 10 page forward glancing over seeing if everyone is okay, breath and go back to where I stopped. I know it is cheating but hey I needed to know they will come out on top.

"i was falling in love with Aiden, or at least I thought I was. I knew for sure I had never felt like this before."

Self destruct is written in the way I have come to love - being told out of both main characters point of views. (this is now my favorite way a book can be written) The two main characters Rebecca and Aiden meet each other as unlikely friends. But a friendship blooms quickly into love. And oh well we all remember that one summer love. Well this summer love quickly turns to a serious relationship that will have most people

running in the other direction. Both Becca and Aiden has dark past but together they help each other fight these past, the grow and heal. And all to quickly they realized they are each other air and can't live without each other.

"i want to be your only. I like that I'll be your first, but I love that I'll be your last"

Now what is a good love story if there isn't a few obstacles. And Bloody hell there were a lot. I still have a headache from all those obstacles. But as in life you just don't get a break, when the shit hits you it hits you from all the directions. And just in life this makes or breaks a couple. Thank heavens that this didn't break them but just made them stronger.

"each moment with you is better than the one before it."

Self Destruct is an amazing, heart warm love story that will you have on the edge of your seat. It show you that true love really exist and sometimes you do thing that other people find strange but for the couple is normal.

I give Self Destruct **4** Heartwarming stars

and recommend it to anyone who want i good love story with an happy ending cause seriously who wouldn't want to read a book with no happy ending (that just sucks)

"wedding shouldn't be the focus, only the marriage"

Heather andrews says

Aiden when we first meet him you can tell right off what a good guy he is, "sweetheart, you were one of those people tonight. You would have let me take you anyway I wanted to with a room full of witnesses. Promise me to be a little less trusting. You're safe with me, but that might not be true of the next guy who leads you out of a party into the dark." Jeremy you got to love him, and it's always up to him to put things in perspective, "relax Aiden. You really need to figure this sh** out. You're acting like a jealous protective a**hole. You. Have. A. Girlfriend. Vanessa, remember her? If you want Becca, dump Vanessa. If you choose Vanessa, then leave Becca alone." Becca really knows how to turn her man on, "when we get back to Ellensburg I'm going to get on the pill. I believe it takes a month for it to start working." She answered. Oh, that did not help me reverse my blood flow back towards my other appendages." When Aiden and Becca are together they're so at ease with each other, "enough you two. Jeremy, go talk to your new friend. And Red, I would be more than happy to show you my package in private." I suggested."

Alaina says

I absolutely loved Aiden and Becca!

Self Destruct is obviously a dual POV from Becca and Aiden. They were a unique and lovable couple but I feel like it didn't progress realistically. It kind of felt a little rushed or insta-y to me.. but again, it could just

be me that felt this way.

Becca is haunted by her past. She is determined that she is broken, damaged, and unworthy of love. I sort of rolled my eyes while I wrote that because I honestly would never think that about anyone.. but then again I didn't grow up with her childhood. Luckily for her and myself, she is proven wrong once Aiden comes into her life. He bears a burden of his past and is also hopeful that Becca would ease his pain. They definitely help each other get over their insecurities - which of course I was a huge fan of.

The overall flow of the story was nicely paced but the writing was a bit choppy. This lead to me re-reading some chapters or scenes to see if I fully understood what was happening the first time. I mostly did but for this book it was nice to do a double check.

Besides the romance, there were a few good twists thrown in. Even though the twists were beyond predictable they did make the book a bit more intriguing. Then there was glorious smut and amazing chemistry as well.

Overall, I enjoyed this book. I wish that the writing was a little better but I still ended up liking the book.

EndlessReading says

I want to thank the author firstly for reaching out to me on my blog asking if I wanted to read and review her book, obviously I jumped at this fantastic opportunity :)

20 year old Becca has had a somewhat "tainted" upbringing which has caused her to go off in the deep end trying to forget anything ever happened, you don't get to know the facts of what happened until later in the story unfortunately, but she has dealt with ALOT!

Having "fun" as she puts it seems to be the only way Becca knows of how to numb the pain...or so she thinks??

“I was on a path to self-destruct, but it was all I knew.” ~ Becca

24 year old Aiden is stuck in a rut, with no way out....

What can he do?

He's stuck in a love-less relationship, whereas all he wants to do is get to know the beauty of a red-head that seems to of caught his attention, which he can't seem to shake!

We can tell that Aiden isn't your typical hero in the book, yeah he is perceived as a ladies man but he had a "girlfriend" and he would do anything to help a friend out....your typical gentle, kind bloke :)

When these two lost souls meet, something clicks and they are constantly drawn together.

Becca & Aiden try to overcome their past & present hurdles that seem to crop up on them along the journey of self discovery.

You will be hooked, as I was and I completed it within a day! There were lots of twists and turns, ups & downs, hot and steamy sex scenes and of course the family betrayal.

The characters were well developed and kept us, the reader wanting more.

Definitely worth the read :)

Romance Readers Retreat says

The story starts out quickly and continues with the same pace through the book. A lot of things happen in this book, things happen one after the other and I enjoyed them all. It was a nice pace, you didn't have any dull moments. Every action held its purpose in this story.

I was really surprised with the twists in the story, some things I saw coming, some were a bit predictable but still as enjoyable. All those twists kept you on your toes which was really nice. Lots of ups and downs, steamy sex and family betrayal wrap up this very nice story. Even if some events were predictable, you were still surprised when they happened and how they took place. I was hooked from the beginning.

The characters were nicely developed, you were right there with them which is a huge plus for me. My main complaint is that the dialogues were a bit choppy here and there and a bit confusing as to who said what. I loved the snarky and snappy comments. I found myself laughing along with the characters. The second characters are as loveable as the main ones and you want to know their story too.

The ending was nice because it doesn't have to be the ending, so much more can happen and I cannot wait to read the next book in the series!

I'd recommend this book to anyone who loves a typical love story with a lot of angst, twists, hot steamy sex and betrayal.
