



Halftime: Changing Your Game Plan from Success to Significance

Bob P. Buford

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Bob Buford believes the second half of your life can be better than the first. Much better. But first, you need time to figure out what you want to do with the rest of your life. So he recommends that a reader call "halftime" to reflect not only on where he's going, but why. In Halftime, Buford focuses on this important time of transition--the time when, as he says, a person moves beyond the first half of the game of life. It's halftime, a time of revitalization and for catching new vision for living the second, most rewarding half of life. As Buford explains, "My passion is to multiply all that God has given me, and in the process, give it back." That requires asking important questions: What am I really good at? What do I want to do? What is most important to me? What do I want to be remembered for? If my life were absolutely perfect, what would it look like? Buford fills Halftime with a blend of personal insight, true-life examples, and quotes from those who have successfully navigated the exhilarating and potentially dangerous shoals of midlife. Complete with a discussion guide, Halftime provides the encouragement and wisdom to propel your life on a new course away from mere success to true significance--and the best years of your life.

Halftime: Changing Your Game Plan from Success to Significance Details

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From Reader Review Halftime: Changing Your Game Plan from Success to Significance for online ebook

Tami says

Some good food for thought as I navigate this next phase of my life. Looking forward to pulling it back out once we are settled in Durango and really think through the tough questions he asks throughout the book.

Mary Jo says

Wonderful...but..

Excellent, excellent information and inspiration for living the second half of life. It supports my belief that, if you are still on this planet, God has a plan for your life. Why waste all of that wisdom and experience?

My one criticism of the book is that it is definitely slanted toward professional folks. It's a stretch, but the guiding principles can be applied to the "blue collar" population.

Bill Pence says

This book was recently recommended to a friend of mine by a leader we both respected who has recently retired. Being at the same stage of life as my friend, I decided to read the book as well. This is an updated and revised edition of the author's best-selling book. It includes new stories, questions and answers, and a new chapter on doing "Halftime" if you can't quit your job.

Using the analogy of a sports game (think football or basketball), the author tells us that the first half of our lives (usually our first 40 years or so), is when we focus most on our careers and less on others and significant causes. It is the time for following our dreams, chasing and acquiring success. It is also the season to develop our faith and learn more from the Bible about how to approach life. It is here that we learn, gain and earn.

"Halftime" is when you take stock of what you have accomplished thus far in your life and look for ways to move from success to significance. It's a chance to dig more deeply into what you believe and evaluate whether your life is heading in a direction aligned with your beliefs.

The second half is the time when you can truly make a significant contribution to the world. The author states that the biggest mistake most of us make in the first half of our lives is not taking enough time for the things that are really important. The second half is the season for us to use our gifts in service to others.

Throughout the book the author tells his personal story. His father died when he was in the fifth grade. His mother went on to found a successful radio and then later television company, which she would later turn over to him. His mother died in a hotel fire when the author was only 31. Later, the author would lose his only son at 24 years old in a drowning accident.

At just 34 years of age, the author developed 6 life goals. He was very successful, but what came after success? He realized that it was time to take stock, to stop and listen to the Voice.

He was challenged by a friend to determine what was in his "box", what was his "one thing". What would he do with what he believed? He needed to move from success to significance with Jesus at his center. He tells

us that the key to your second half, which he believes can be better than your first, is a change of heart. He suggests developing a personal mission statement as you seek to regain control of your life in your second half.

He writes of the importance of life-long learning in your second half. We should never stop learning. He also addresses money issues. He writes that the second half is not about money, but about mission.

He writes that getting from your first half to your second half isn't easy, nor are the lines between the two halves clear. It is an ongoing journey about living a fulfilling life and leaving a valued legacy.

He tells us that "Halftime" is the opposite of retirement. Once you have your "what", you can start working on your "how".

The author's passion is to multiply all that God has given him, and in the process to give it back. What is your passion? What is in your "box"? What is your "one thing"?

This helpful book ends with appendices on the wisdom of Peter Drucker, who was a large influence on the author and questions and answers with the author.

Cindi P. says

Must Read for Over 40's Who Want Significance in Their Next Decades

I enjoyed this book for its relevance to my stage in life, at the end of year 25 in one profession and sorting out what to do next in the 10-15 years that I'd like to continue working. Practical steps mixed with inspiration that will help me focus and proceed. Good to know I'm not the only one with the itch to do something new and to contribute in a significant way.

Karl says

Good central message about significance but too religious

I would have enjoyed the book much more if he didn't harp on about God all the time.

Bufoord has some great ideas about how to make a difference and leave a legacy.

Corinne Campbell says

I read this because a friend asked me to, and I had to force myself to finish. It's the kind of old school self help book I hate - anecdote after anecdote then a small amount of not exactly groundbreaking advice. Plenty of irritating assumptions about how people think and what they value, all written from an extraordinarily privileged wealthy, white, Christian male perspective. The key ideas could have been condensed into one page.

Brian Wagner says

This book reaffirmed the fact that I'm doing the right thing at the right time. It's all about what you put in the box.

Paul Valentine says

Great Bood

I really got a lot out of this book. I am reading it at a timely point in my life as I pursue the next adventure ahead
