



## Praying for Your Husband from Head to Toe: A Daily Guide to Scripture-Based Prayer

*Sharon Jaynes*

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# Praying for Your Husband from Head to Toe: A Daily Guide to Scripture-Based Prayer

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**Praying for Your Husband from Head to Toe: A Daily Guide to Scripture-Based Prayer** Sharon Jaynes  
Powerful, effective prayer for your husband is easier than you think.

In *Praying for Your Husband from Head to Toe*, Sharon Jaynes maps out sixteen landmarks to help you consistently and effectively cover your husband in prayer. From his mind and the thoughts he thinks, to his eyes and the images he sees, all the way down to his feet and the path he takes, Sharon teaches you how to pray for your husband in ways that are powerful, practical, and life-changing.

The 30-day prayer guide provides Scriptures for each day along with corresponding prayers to target the crucial areas of every man's life. You'll be equipped and empowered to establish the habit of purposeful prayer in just a few dedicated minutes each day.

Perfect for group use or individual reflection, this book maps out a memorable and reproducible pattern of prayer to strengthen your marriage, deepen your personal prayer life, and cover your husband from head to toe—in ways that will lift not only his spirit, but yours as well.

## Praying for Your Husband from Head to Toe: A Daily Guide to Scripture-Based Prayer Details

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## **From Reader Review Praying for Your Husband from Head to Toe: A Daily Guide to Scripture-Based Prayer for online ebook**

### **Stacy Lahm says**

This was such a good book. I love how the prayers are laid out for us. It's simple, yet profound. I found my attitude change and my love deepen for my husband. I loved this book so much I bought a copy for each member of my small group.

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### **Christabelle says**

I really appreciate this book. I know I need to lift up my husband more often in prayer, but sometimes I just lack creativity in WHAT to pray. I love that each section contains a verse and a prayer that goes along with it...and it covers his whole being, every realm of who he is and what he might be facing. With so much distraction out there I know the best place for me is by his side on my knees. This book helped me do that.

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### **Amanda Phelps says**

The title of my review on Amazon was "Prayer: A tie any man can wear with any suit". I have a hard time knowing quite where to begin when writing a review, so I'll start with a story to explain my title. Early in our relationship, my husband and I were Christmas shopping for my sister's boyfriends - the men who would eventually become their husbands. Because neither of us knew either of them very well, we had no idea what to get for them, so we were just walking through the mall, store after store, looking at the displays and hoping that something would jump off the shelves at us shouting "Me! Me! I'm perfect for him!" After what was \*far\* too long shopping, I suggested a tie for one of the recipients. My husband explained to me that choosing a tie for someone else is very difficult because it's such a personal preference - color, pattern, etc. I was surprised to learn this but it's been confirmed to me a few times over the years, so I assume it must be true and, as a result, I've never bought a tie for anyone except my husband, and even those have only ever been fun "theme" ties for various holidays, although he has asked for my opinion when choosing ties to go with new suits once or twice over 20 years. My point is that my prayers for him - covering him with scripture promises for his daily life - that's a tie that will go with anything he wears, day in and out.

Books (particularly those that involve relationships with God) are very personal, emotional experiences - like choosing a tie, I imagine. So what is impressed on my heart as I read may not move you the same way. I want to encourage you to read this book for yourself and I don't want to miss that thing that would spur you to spend time daily, praying for your life-long partner. Please, please believe me when I say that this is a book that you won't regret reading. There's something in it for you, even if you're praying for a husband you haven't even met yet. Single, married, newlyweds, marriages with more than 20 years behind them, marriages in perfect harmony and bliss and marriages experiencing troubles or even on the brink of divorce - every one of us can be praying for our husbands and God's Word tells us "When a believing person prays, great things happen" (James 5:16 NCV) (that's at the end of the chapter on Landmarks). So your experience with this book will be different than mine, but here is my experience for your consideration.

What I love - and I really do mean "love" - about Praying for Your Husband from Head to Toe is that Sharon

has given this wife - this Ezer - a moving, practical and doable way to soak my husband in prayer every day. Using her "landmarks", Sharon effectively covers every area of my husband's life, where I can direct my prayers for him, and in doing so she has let God use her to point out things that I've never considered ~ she's really given me fresh insight and breathed life into my prayers for my husband. And those prayers aren't about changing him or making him see the "error of his ways". I'm praying for his protection and his guidance. I'm praying for his happiness and his peace & security. And all the while, God is speaking to MY heart, and pointing out the areas where I can be an answer to my own prayer for my husband. And then, later on, I realize that these are all ways that I can be praying for ALL of my loved ones and I find that what I'm learning while I'm praying for my husband is spilling out as I pray for my daughter, for my parents, for my brother & sisters and for my friends.

The investment in the book reaps a value far beyond that of the ink and pages (or pixels and screen) on which the words are written. It has lead to a greater investment in my relationship with my Heavenly Father that is paying off in a richer relationship with my husband. That, alone, is worth checking out *Praying for Your Husband from Head to Toe*. But the benefits reach far beyond those 2 relationships and I hope and pray that you experience the same.

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### **Emily Davis says**

Here is my review from my blog:

Let's face it, we are ALL busy women. We run children here and there, tend our homes and care for friends. Some of us homeschool. Some of us volunteer too. Our tasks are endless. We meant to purposefully pray for our spouses, but that fell to the bottom of the rung, along with many other prayers. YES – I pray for my husband many times a day, but never like this. It's nothing like I've ever seen. It would be a GREAT Bible Study with a good, Christ-filled group of women.

When you first glance through the book and start this 30-Day process, you might feel silly. Honestly, I did. It took me more than a few days to catch on to the brilliance of having scripted, organized prayers with Scriptures that back them up. HELLO! What a great weapon of prayer.

Ms. Jaynes give us a plan, diagram, map (insert your favorite) to pray for the WHOLE of your HUSBAND. 16 Physical Landmarks, she calls them.

His Mind – what he thinks about  
His Eyes – what he looks at  
His Ears – what he listens to  
His Mouth – the words he speaks  
His Neck – the decisions that turn his head....  
and so on (Hey, I don't want to give them all away).

Each day, for each Landmark, there is a scripture and a prayer passage. it's wonderful. I'm going to share a couple that touched me from various days:

#### *His Knees*

*Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place,*

*where he prayed. Mark 1:35*

*Lord, I entreat You to make my husband a man of prayer. Just as Jesus rose early in the morning to spend time alone with You, put a desire in my husband to take time during his busy day to get alone with You. I ask that prayer will not be something he feels he HAS to do but something he feels he GETS to do. Oh Lord, make my husband a man of prayer.*

*His Ring Finger*

*If you have any encouragement from being united with Christ, if any comfort from his love, if any fellowship with the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in spirit and purpose. Philippians 2:1-2*

*Dear Lord, I pray my husband and I will be unified in Christ and like-minded in love. Bless us with a deep-seated friendship as well as a deep-spirited love. Help us be one physically and spiritually, united by our common purpose of glorifying You in our marriage and in our lives. In Jesus' name, Amen!*

In the book there are something like 478 more of those fantastic Bible Verse/prayer combos.

This book will change your heart; it will change the way you pray; it will strengthen your marriage. I mean it. I learned more about how a man thinks than I ever really knew. The Devil wants marriage to fail. The Devil wants strong Christian men to fail. The Devil wants families to fail.

Get this book. Let's stop that evil dude DEAD in his tracks.

I highly recommend it.

Blessings All,

Emily

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### **Em says**

Absolutely Fantastic! This is the best book I have read on praying for your husband and praying scripture.

The book is in two sections, first half explains why she has chosen to pray a certain way and the second half are the 30 days of prayers.

The book helped me to think outside of my own mindset and opened up new ways to cover my husband in prayer - the first time I just prayed the prayers in the book, each time I have read it after I have expanded the prayers and the scriptures as the book has taught me how to pray better.

I have found this book a great "teacher" and a great encourager but also a great read - when you go through seasons where you feel you don't know what to pray or you "can't" think what to pray or you're angry and don't want to pray reading and praying these prayers gets you back on the path.

This is my go to book, my absolute fav! A MUST HAVE book for every wife!!!

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### **Elizabeth says**

My mother in law gave this to me recently saying it was her favorite book of last year. All but the first two chapters consist of Scripture followed by a short prayer for your husband based on the verse. I did get some ideas of how to more specifically pray for my husband and I think I will be using Scripture more to direct how I pray, but in general, I have a very difficult time feeling as though reading prewritten prayers counts as genuine prayer. Personally, I always feel disconnected. Also, the actual "praying for your husband from head to toe" seems gimmicky; it's really just praying Scripture for your husband. But I guess writing a simple book that stated that wouldn't have sold. In any case, I felt like snickering at some of the various headings: particularly "his ring finger" (?) and "his sexuality" (not a body part; felt prudish).

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### **Lynda says**

#### **Much needed and time well spent**

I needed to have God speak to my heart and have this much needed insight of how to be the best wife and support to my husband that I can be.

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### **Carla says**

This is an awesome book for the Excellent Wife to had to her bag of armor!!! Definitely will be share with my life group for us to use while supporting our husbands in the spiritual realm.

Thumbs Up!

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### **SandraAnn Clark says**

What a spectacular way to learn how to pray for the most important earthly relationship a wife will ever have! I recommend this book to as many women as I have the opportunity to do so. As I read and pray over and for my husband, I find that I have grown and changed in many wonderful ways as well! God is wonderful. Thank you so very much Sharon Jaynes.

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### **Nwamaka Ossai says**

#### **Excellent guide**

Very helpful in guiding you in prayer. Sometimes I don't know how or what to pray and this helped me stay consistent in praying.

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### **Shaudonna Bryant says**

Prayer is one of the best gifts we can give our future husband and this book is a jewel for every woman.

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### **Callie Domingues says**

Sharon starts out the book with explaining the power and the purpose for praying for my husband. The real true benefits that little ole me has been given to pray for and over my husband.

Sharon says, "I'm not suggesting you replace your jeans for battle fatigues and your cute shoes with army boots. But I am suggesting that God has given you an amazing role as a prayer warrior on your husband's behalf."

She also reminds me in the book that prayer should not be the last resort, it should always be the first step in any situation. Start out the day covering my hubby in prayer instead of praying over the yucky situations he lands in during the day. (Of course, pray then too...but you know what I mean.)

Persistent prayer makes things happen...seriously ("When a believing person prays, great things happen" James 5:16 NCV).

We might see white knights, tall dark and handsome and all that fairy tale nonsense on day one but on married day 534 life might be looking a little bit bleak. This is where your praying for your husband is usually kicked into high gear. Because, ya know, that's when we pray the hardest...after the hole is deep and dark and a little frightening...well, at least I tend to do that! So instead of waiting until that point of failure falls on me, I need to be persistent and cry out to God in earnest. Praying for the situation, praying that my hubby is covered from the temptations, the evil, the discouragement, the feelings of failure, praying for his strength, helping to prepare him for the daily battles he may face.

Sharon breaks down the 15 body parts that I am going to cover in prayer and why...{fantastic!}

Praying for His Salvation, Praying for His Fatherhood and Praying for His Healing. These sections are chock full of Bible verses and prayers specific to the previous three subjects. Powerful. Specific. Worth Every Moment.

If you want to cover your man in prayer from head to toe, this is one book that you will need to add to your arsenal. I am beyond pleased with the book and I know that you will be as well.

I pray you are as blessed by this book as I have been. And yet, one more reason to love this book...I can use it over and over and over and over again...perfect!

Read my entire review here:

<http://mamascoffeeshop.info/blog/2013...>

I was sent an advance copy from the author as part of the book launch team.

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## **Sarah says**

After enjoying sessions presented by Sharon Jaynes at She Speaks, I bought this book from the resource table. This is a wonderful, unique resource that every wife can use to strengthen her marriage.

Sharon first explains how prayer can be used to cover every part of your husband: his head (thoughts), hands (work), legs (spiritual stance), and so on. She tells you how prayer can literally transform your marriage, whether it is stagnant from the humdrums of daily living or on the brink of disaster.

The rest of the book is a 30-day plan for praying over each part of your husband's mind, body, soul and spirit. She offers scriptures and guided prayer prompts for 30 days. Sharon suggests correlating the day of the month with that day's round of prayers. She tells you to pray even when you don't feel like praying, because it will soften your heart toward your husband and offer spiritual protection for your marriage.

Even though I'm a seasoned prayer warrior, I'm sad to say that I have not dedicated daily time to praying for my marriage. This book is now a powerful tool in my arsenal of fighting the spiritual battles in our marriage, and it is helping me find fresh hope. It's a valuable resource for wives who want to work powerful change in their marriages.

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## **Cathy Argenbright says**

Excellent prayers to cover him daily in his faith walk.

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## **Jalynn Patterson says**

About the Book:

"I have never seen a more practical book on how to pray for your husband."  
—Gary Chapman, PhD, author of *The Five Love Languages*

As a wife, you have been given the privilege of serving as a mighty prayer warrior for your husband. Yet sometimes, even when poised with the best of intentions, you may find the task overwhelming. You wonder: What should I pray? How should I pray? What prayers does he need right now?

In *Praying for Your Husband from Head to Toe*, Sharon Jaynes maps out sixteen landmarks to help you consistently and effectively cover your husband in prayer. From his mind and the thoughts he thinks, to his eyes and the images he sees, all the way down to his feet and the path he takes, Sharon teaches you how to pray for your husband in ways that are powerful, practical, and life-changing.

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#### About the Author:

Sharon Jaynes is a popular conference speaker, avid blogger, and best-selling author of numerous books and Bible studies. She is the cofounder of Girlfriends in God, a ministry with approximately 500,000 online devotion subscribers, and a popular guest on Christian radio and television programs such as Revive Our Hearts, FamilyLife Today, and Focus on the Family.

#### My Review:

Praying for our husbands should go hand in hand with our marriage relationship but a lot of times it falls by the way side probably more times than we care to admit. The author Sharon Jaynes, knows all to well the power of prayer. Praying for the men in her life has eventually transformed them. The story of her father Allan becoming born again brought tears to my eyes. It was simply a marvelous story of a man that had been struggling in this life without Christ and the things that literally and figuratively brought him to his knees.

Praying for our husbands should become second nature to us as well as our number one priority. For this is the one thing we can do to help him and ourselves in a life transforming way. The author has created a very simple daily guide to prayer that will lead the way to a strong prayer life where we include our husband and all that he will or may encounter. The guide is split up into two separate sections. The first part is basically explaining the hows and whys of the whole process and the second part is thirty days of praying scripture over your better half.

God created marriage and He wants it to succeed so that we may glorify Him. There is no better way to do that than pray over our spouses. Praying for your Husband from Head to Toe is the perfect book to get you started. If you would like to purchase this book, you can go to this link for information.

\*\*Disclosure\*\* This book was sent to me free of charge for my honest review from bookfun.

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