



Introduction to Sports Medicine and Athletic Training

Robert C. France

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INTRODUCTION TO SPORTS MEDICINE & ATHLETIC TRAINING 2E is ideal for individuals interested in athletics and the medical needs of athletes and is the first full-concept book around which an entire course can be created. This book covers Sports Medicine, Athletic Training and Anatomy and Physiology in an easy to understand format that allows the reader to grasp functional concepts of the human body and then apply this knowledge to Sports Medicine and Athletic Training. Comprehensive chapters on nutrition, sports psychology, kinesiology and therapeutic modalities are also included. Readers will appreciate both the depth of the material covered and the ease in which it is presented.

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