



Single Is Not a Curse

Tony A. Gaskins Jr.

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This book is intended for those currently single or soon-to-be single. Most people hate being alone and we fear being stuck that way forever. Single life can be a blessing if you allow it to be. This book will teach you exactly what things to focus on while single so that you get the most out of single life. If you deal with single life the right way it will make for a much better married life.

Single Is Not a Curse Details

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From Reader Review Single Is Not a Curse for online ebook

Emy Maher says

may b single is a gift after all, we just hv 2 get benefit from it :)

Benjamin says

The book had very strong points on areas of growth and things you should take advantage of while being single. It helps you awaken yourself to things that you should work on as well as things you should also be appreciative (5 Fs & 3Bs) of now and can do so without depending on others. I loved those points more than anything as that's what I had expected the book to focus on: loving yourself and investing in you. This was roughly 65% of the book which is why I give it 3 stars. Otherwise, I found the book more heteronormative than I was willing to accept and this deteriorated the therapeutic alliance one would wish to have with the author and his words--ultimately deterring me from internalizing other relationship specific advice because it was very focused "between man and woman." Once I took notice to the strong heteronormative values from the author, his influence from Christianity was also revealed throughout the book. It is not too strong and pressuring, but in combination with the heteronormativity, it left me a little uncomfortable- man and woman became a proxy for Adam and Eve. That's just my situation for relationships; I think the general heterosexual population will enjoy this book. I was hoping for more generalized things such as the 5 Fs and the 3 Bs that were more psychosocial tips and advice that the author had learned from LIFE experiences and SOCIAL situations from the interpersonal data from clients, rather than the information about male and female expectations and roles in relationships which is heavily influenced by his own marriage which is in turn built upon a foundation of Christian values that are more tied to a specific cultural faith rather than pure social experiences that can be applied to anyone. So for me specifically and someone looking to have a more neutral viewpoint on love, relationships, and singleness, I found 65% of this digestible and about half of that truly impactful, unbiased, pure, meaningful and useful. It really depends on what you are looking for. I am only encouraging the author to find more references and examples that are not so heteronormative; but of course without compromising his own integrity, values, and beliefs. Perhaps this book is mainly for husbands and wives and so I just think that people should be aware of the changing demographic trends in today's society, especially among the millennial generation.

Nerlande Therlonge says

It's time to love you & work on yourself you get what you demand not what you deserve.

I like it because it was short , simple yet deep & full of wisdom. Every woman should read this book

Camille McCall says

Great read. I would definitely recommend this book for both single and non-single women. It gave great

insight on what to look for and what to avoid while dating.

Asmaa says

GREAT :-)

Simone King says

Very informative, fun to read, put single life in a whole new perspective. I am definitely on the right track. it's a must read for single people

Stanjay Daniels says

Single is not a curse! Love the title and the message! I really love the advice of this guy! This book is all about embracing single hood, loving yourself, trusting the process and waiting for what you deserve. Well written...wish it was longer!
