



# **Sexy Girls: How Hot is Too Hot?**

*Hayley DiMarco*

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## **Sexy Girls: How Hot is Too Hot?** Hayley DiMarco

Every teenage girl wants to be sexy--she wants to be noticed, to be attractive. But what is "sexy," really? Do teen girls know what they are saying about themselves by the way they dress? Popular a

## **Sexy Girls: How Hot is Too Hot? Details**

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Author : Hayley DiMarco

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# **From Reader Review Sexy Girls: How Hot is Too Hot? for online ebook**

## **Carrie says**

I'm not sure exactly how I feel about it. I think the heart of the book is good: Get female teens to think about what they are wearing and how it affects the guys around them. However, I have several problems with this book. First, the pictures aren't very attractive to teens. They are these old, vintage pictures of models 50 years ago. It makes no sense to me. Why couldn't they have featured pictures of girls dressed cute, but modestly. Second, the book makes it sound like every male is a horny animal, so inhumane that it makes these parts of the book not believable. Guys do have some self control. Let's not make them look like freakish animals. Yeah, you shouldn't be parading around in a skimpy top, but that does not mean that every guy you encounter is mentally undressing you. Third, I found the "confessions of a youth pastor" quotes to be highly disturbing, and I'm pretty sure that man should not be leading a youth ministry until he gets his heart/thought life in check. While I think the heart of the book is good, I would not give it to a teenage girl.

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## **Laura says**

Hayley offers a fresh and humorous take on body image and the hold it has on teenage girls today. I liked how Hayley offered down-to-earth advice and still managed to put in funny little snippets and relevant scripture. Hayley's message was also understandable and convincing, I would definitely recommend this book to any girl who wanted to know the impact of how she dressed and see if she needed to change it.

\*Taken from my book reviews blog: <http://reviewsatmse.blogspot.com/2009...>

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## **Rebecca Bilyeu says**

Terrible. Sexist. Shames girls and women. Men are depicted as wild animals that can't control themselves.

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## **Carly Mae says**

I've read this book cover to cover and have also taught it to groups of teenage girls. It has a great message that is easily accessible through DiMarco's casual style of writing. It feels more like perusing a magazine than reading a non-fiction book. Very enjoyable!

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## **Pamela says**

I cringe when I hear kids that are 11-12-13 use words like "hot" and "sexy." But, that's the message they are fed from pop culture today. This book is written from a Christian perspective and talks about "not advertising what isn't for sale." It encourages girls to respect themselves and think hard about what image they are

projecting. Great topic for conversation with your tween or teen, particularly when they want to know why you are vetoing their wardrobe choices!

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### **Brianna says**

One of THE BEST books I have ever read!

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### **Jamie Pauline says**

In "Sexy Girls", Hayley DiMarco perpetuates the double standard of sexuality, unfairly stereotyping the male gender as prurient pigs (albeit with far less disdain than she applies to girls who do not conform to her image of modesty) and allusively scapegoating females for any sexual sin on the part of males.

One doesn't have to read much of DiMarco's book to notice the thinly veiled slut-shaming that implicitly segues into victim-blaming. According to her, ladies, if a dude is a pervert and, because you are wearing that low-cut top, begins fantasizing smuttily about you, that's your fault and you are sinning, because it's a sin to lead others into sin. That sort of attitude can easily slip into the twisted, vile logic that a woman who wears "tempting" clothing or behaves a certain way and is then raped is "asking for it". In today's society, where the legal system all too often fails to adequately and thoroughly address sexual assault, that sort of rhetoric is exactly what we neither want nor need.

DiMarco contends that sex ought to be saved for marriage alone and that having sex outside of marriage is sinful. Personally, I believe that sex belongs only in committed romantic relationships - not just marriage - for a plethora of reasons, including not toying with other people's feelings, avoiding STDs and unwanted pregnancies, and treasuring the romantic bond. I do not believe, however, that this stance entitles me to bully others. God created us to love and with sexualities. It isn't a necessarily evil thing to express one's sexuality, but DiMarco vilifies sex more than she respects it as an act of love and humanity.

Instead of encouraging girls to take pride in their bodies, she paints wearing "revealing" clothes as taboo. While it's true that there is a time and place for everything, DiMarco discountenances the donning of revealing clothing pretty much anywhere. In reality, the modesty question anybody should ask themselves when deciding what to wear is "Are my nether regions hanging out?" out of concern for public comfort and, more importantly, hygienic reasons. (For obvious reasons, this standard should apply equally to both males and females.) A boy, she argues, should love you for your soul, not your body, and your wardrobe choices are detracting from your radiant personality. You might conclude that if you cannot wear clothing that accentuates your curves, you should wear looser, more androgynous garments, right? That assumption is wrong, according to DiMarco. Despite telling readers just a few pages prior that they should basically hide their bodies, she declares now that you need to look like a woman and that the reason you don't have a date with that one guy you really fancy is that you dress like a boy - in essence, you don't have a boyfriend because of your appearance. Here, not only does DiMarco contradict her previous statements that someone should love you for your soul rather than your body, but she also highlights the ridiculously rigid gender roles she's been discussing for the entire book. By making this argument, DiMarco virtually declares that if a girl doesn't look feminine enough or if she dresses in revealing clothes, she isn't worthy of dating or being loved; in order to reap such privileges, you must adhere to her idea of how women should look.

This book should affront men as well for the negative portrayal of the male gender throughout the text. Some men may be promiscuous, but it is neither just nor accurate to throw all men into that classification. I myself have several male close friends, and they are decent and respectful; I am offended on their behalf. Likewise, it is unfair to assume that different females do not display variations in their sexual habits as males do: Some of them are promiscuous, but most are not. Additionally, DiMarco repeatedly insults the self-control of men by urging girls to wear modest clothes to keep men from having nasty fantasies. This stereotypical characterization of males emphasizes how sexual double standards don't just harm women - they harm men too.

Quite frankly, only the short length of this book and the outrage fuel it provided are the only qualities that evoked any gratitude from me. Other than that, the book's paper is worth more than the words on it. It's terrible that a tree died for the printing of this sexist, anti-feminist trash.

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### **Jess says**

Not extremely in depth biblically, but it's a good starting point to the issue of modesty. This deals with the more "surface" level problem immodesty causes not it's root - though it touches on it. Great for discipleship and teaching teens.

The best thing about this book is the fact it is straight forward with letting girls know that EVERYONE sees what their displaying ("If it's not on the menu, don't display it). Good for starting more in depth discussions with the mentor and disciple.

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### **Jenni says**

This book really opened my eye to see how far i show how i dress up and make me suprised how polluted i'm with world view where become more and more worses.. I recommed for all girl should read this book..

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### **emily says**

This book is not only full of internalized misogyny and reductive messages about sex and gender roles, it's extremely transphobic and homophobic as well-- unsurprising, given the author and audience, but still. "[F]emininity is how you were made." Bullshit.

The book says explicitly that if men hit on you, catcall you, etc, it is your fault for dressing too slutty-- but don't cover up, because that would be denying your womanhood! It's an impossible conundrum that, even without the dangerous evangelical messaging, would be harmful to teenage girls. Terrible message, terrible writing.

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## **Jessica Gillies says**

As with idol girls: I agree with the core message of the book- dressing modestly is good. However the execution could have been a lot better, and I wish my 14 year old self had read it WITH someone, since I was left with some pretty weird ideas alongside the good ones. Still trying to work through some of these (though of course not solely fed by this book).

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## **Scar says**

I like it, but it is rather harsh or blunt. I like it, but I'm still not sure if I agree to the entirety that DiMarco stands by, though I used to live by that for a long time. I guess that DiMarco is mainly right about skin showing making guys think sexually, that's just how males are. But having been reviewing and revising my own modesty standards this past year with some fellow Christian women I came to one point realizing that modesty really relies on the culture you live in. You want to be set apart. What I'm saying is that I reached a conclusion of being fine with wearing crop tops and other on the edge items, occasionally and when in certain settings. With girls in bikinis or other outfits showing a lot of skin or form, I still felt modest wearing something showing a bit of midriff. I like clothes, I also don't like clothes. I was known when I was a baby for always taking them off. So it's easier for me to tire of wearing so very many layers at times and be so itchy and uncomfortable all the time. Even when I wear on the edge items occasionally, I have never dressed to get a guy's attention, and I think a lot of how you dress is about your attitude.

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## **Miss Jessica says**

This book is hugely anti-feminist and sexist to both men and women. It has many instances of victim blaming. It presents a very confused description of image. It constantly describes boys fantasizing about girls as "gross". How is this going to make girls feel about their own sexuality?

The author's opinion is presented as fact with no research or credibility to back it up.

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## **Theresa says**

This teen and tween friendly book is a welcome read on the reality of how women (young and old) dress. It's not an indictment, but rather a clear explanation on the importance of thinking before you purchase and prepare what to wear. Hayley DiMarco speaks in a language that all girls can understand and even highlights some truths about men (young and old) that many young girls likely don't know, or consider as well. A wonderfully easy read and totally the new gift for the young women in my life (check the mail ladies, it's coming!!) :-)

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## **Rosa Anderson says**

I read this book for the very first time when I was only fourteen years old, and I learned a lot from that book.

In fact, I believe every girl in her early teens needs to read this book. This book will teach you how to honor God with your personal choice of clothing without feeling stifled. Hayley Dimarco stresses the importance of how powerful the female sexuality is. Men are very visual creatures, and how a woman dresses provides a man with an idea of who she is. Although I didn't agree with all of her principles, I do believe she made some very strong points that aligned with scripture. Your body is a temple of God, not a sex toy is a valuable lesson every girl will learn. I learned a lot about how men are extremely visual. That was a very important lesson for an innocent fourteen year old.

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